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6

7 **Measures of metacognitive efficiency across cognitive models of decision confidence**

8
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Abstract

Meta-d'/d' has become the quasi-gold standard to quantify metacognitive efficiency because meta-d'/d' was developed to control for discrimination performance, discrimination criteria, and confidence criteria even without the assumption of a specific generative model underlying confidence judgments. Using simulations, we demonstrate that meta-d'/d' is not free from assumptions about confidence models: Only when we simulated data using a generative model of confidence according to which the evidence underlying confidence judgements is sampled independently from the evidence utilized in the choice process from a truncated Gaussian distribution, meta-d'/d' was unaffected by discrimination performance, discrimination task criteria, and confidence criteria. According to five alternative generative models of confidence, there exist at least some combination of parameters where meta-d'/d' is affected by discrimination performance, discrimination criteria and confidence criteria. A simulation using empirically fitted parameter sets showed that the magnitude of the correlation between meta-d'/d' and discrimination performance, discrimination task criteria, and confidence criteria depends heavily on the generative model and the specific parameter set and varies between negligibly small and very large. These simulations imply that a difference in meta-d'/d' between conditions does not necessarily reflect a difference in metacognitive efficiency but might as well be caused by a difference in discrimination performance, discrimination task criterion, or confidence criteria.

Keywords: Metacognition, metacognitive efficiency, confidence, cognitive modelling, signal detection theory, meta-d'/d'

47 Metacognitive efficiency in cognitive models of decision confidence

48 A key aspect of metacognition is metacognitive efficiency, defined as a subject's level of
49 metacognition given their discrimination task performance or signal processing capacity
50 (Fleming & Lau, 2014). The gold standard to measure of metacognitive efficiency is meta-d'/d'
51 (Maniscalco & Lau, 2012, 2014). Measuring metacognitive efficiency by meta-d'/d' has inspired
52 research on many different psychological concepts, including learning (Boldt et al., 2019;
53 Hainguerlot et al., 2018; Taouki et al., 2022), cognitive control (Drescher et al., 2018), vigilance
54 (Maniscalco et al., 2017), memory (Mazancieux et al., 2020; Vandenbroucke et al., 2014),
55 perception (Maniscalco et al., 2016; Odegaard, Chang, et al., 2018), psychopathology (Bhome et
56 al., 2022; Culot et al., 2021; Muthesius et al., 2022; Rouault et al., 2018), beliefs about
57 politicised science (Fischer & Said, 2021; Said et al., 2022), and visual awareness (Charles et al.,
58 2013; Rausch & Zehetleitner, 2016; Vlassova et al., 2014). One reason why the meta-d'/d'
59 method has become so popular is that meta-d' is believed to provide control over discrimination
60 performance, discrimination task criteria, and confidence criteria (Maniscalco & Lau, 2012,
61 2014), which is a key requirement for measures of metacognitive accuracy (Barrett et al., 2013).
62 Meta-d' is also popular because it does not explicitly assume a specific generative model for
63 confidence judgments (Maniscalco & Lau, 2014). However, there each exists at least one
64 generative model of confidence which implies that meta-d'/d' is affected by discrimination
65 performance (Guggenmos, 2021) and confidence criteria (Shekhar & Rahnev, 2021), raising the
66 question how robust meta-d'/d' is with respect to the control over discrimination performance,
67 discrimination task criteria, and confidence criteria across different generative models of
68 confidence.

69 **The meta-d'/d' method**

70 The meta-d'/d' method is based on signal detection theory (Green & Swets, 1966;
71 Peterson et al., 1954; Tanner & Swets, 1954) and type 2 signal detection theory (Clarke et al.,
72 1959; Galvin et al., 2003; Pollack, 1959). The conceptual idea of meta-d' is to quantify the
73 accuracy of metacognition in terms of discrimination sensitivity in a hypothetical signal
74 detection model describing the primary task, assuming participants had perfect access to the
75 sensory evidence underlying the discrimination choice and were perfectly consistent in placing
76 their confidence criteria (Maniscalco & Lau, 2012, 2014). Using a signal detection model
77 describing the primary task to quantify metacognitive accuracy has the advantage of allowing a
78 direct comparison between metacognitive accuracy and discrimination performance. Meta-d' can
79 be compared against the estimate of the distance between the two stimulus distributions
80 estimated from discrimination responses, which is referred to as d': If meta-d' equals d', it means
81 that metacognitive accuracy is exactly as good as expected from discrimination performance. If
82 meta-d' is lower than d', it means that metacognitive accuracy is worse than expected from
83 discrimination performance (Fleming & Lau, 2014; Maniscalco & Lau, 2012, 2014).

84 The hypothetical signal detection model underlying meta-d' assumes that the observer
85 selects a binary response $R \in \{-1, 1\}$ about a stimulus characterised by two classes $S \in$
86 $\{-1, 1\}$ as well as a confidence rating out of an ordered set of confidence categories $C \in$
87 $\{1, 2, \dots, n\}$ (see Table 1 for a list of our mathematical notation). For each presentation of the
88 stimulus, the observer's perceptual system creates sensory evidence delineating the two response
89 options. As there is noise in the system, the sensory evidence is not constant, but modelled as a
90 random sample x out of a separate Gaussian distribution for each of the two stimulus classes (see
91 Fig. 1). The distance d between the two distributions created by the two classes of S is

92 interpreted as the observer's ability to differentiate between the two kinds of S. Participants
 93 select a response by comparing the sensory evidence x with a response criterion c , choosing $R =$
 94 -1 if the sensory evidence x is smaller than the response criterion, and $R = 1$ otherwise.
 95 Confidence ratings are chosen by comparing the same sample of sensory evidence x against a set
 96 of $2 \times n - 1$ confidence criteria, $\theta_1, \theta_2, \theta_3, \dots, \theta_{2 \times n - 1}$. For example, if there are four
 97 confidence categories, participants are assumed to select a response R of 1 and a confidence level
 98 of 3 if the sensory evidence x is smaller than the outermost response criterion θ_7 , but at the same
 99 time greater than the second outermost response criterion θ_6 .

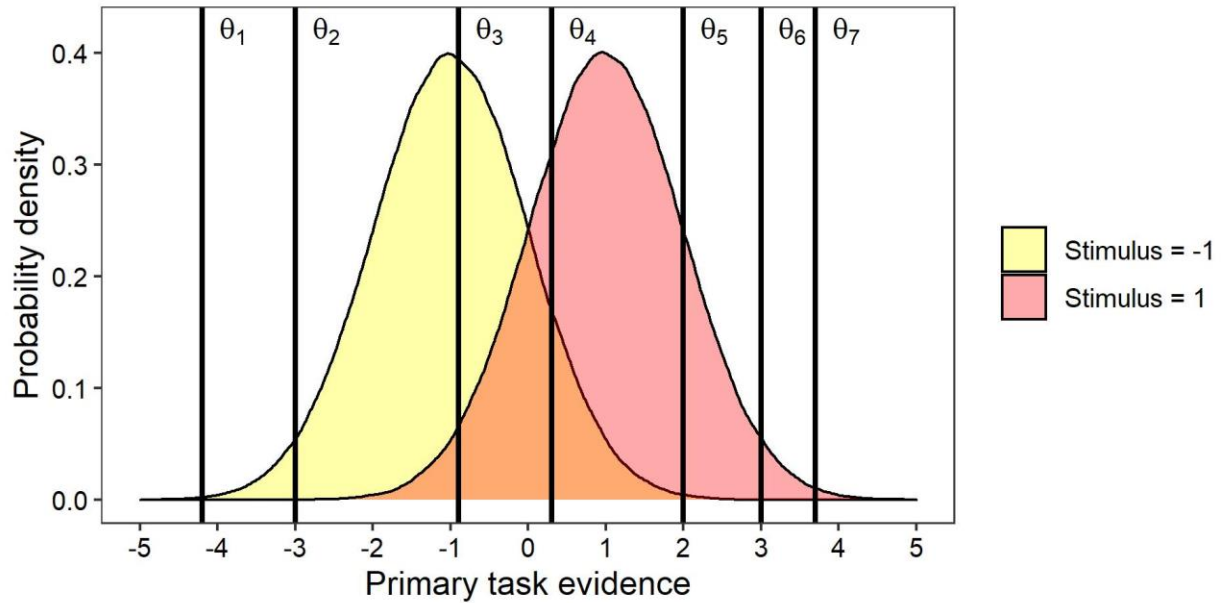
Table 1

Table of mathematical notation and terminology

| Symbol | Description or terminology |
|------------|---|
| S | Stimulus class |
| R | Discrimination response about the stimulus class |
| C | Confidence judgment |
| n | Number of options given by the confidence scale |
| x | Sensory evidence about S |
| d | distance between the two distributions of evidence created by the two different stimulus classes, interpreted as the observer's ability to differentiate between the two stimulus classes |
| d' | Estimate of d based on R |
| d_{meta} | Meta- d' : Estimate of d based on C |
| c | Response criterion for the discrimination judgment |
| θ | Criterion for confidence judgments |
| m | Metacognitive efficiency parameter within the independent truncated Gaussian model |
| y | Confidence decision variable |

100 **Figure 1**

101 *The hypothetical signal detection theoretic model underlying meta- d'*



102

103 *Note.* The hypothetical signal detection theoretic model describing the primary task underlying
 104 meta- d' (Maniscalco & Lau, 2012, 2014). To estimate meta- d' , it is assumed that the same
 105 evidence is available for selecting a response for the discrimination task and for selecting a
 106 confidence judgement. Primary task responses and confidence categories are assumed to form an
 107 ordered set of responses delineated by a set of criteria θ .

108 **Meta- d' vs. generative models of confidence**

109 According to Maniscalco and Lau (2014), the meta- d'/d' method only makes assumptions
 110 about the cognitive architecture underlying the discrimination choice, but meta- d'/d' does not
 111 require an *explicit* assumption about the generative model underlying confidence judgments.
 112 However, it should be noted that the hypothetical signal detection model underlying meta- d' is
 113 not dissimilar to the approach taken in studies that aim to identify the generative model
 114 underlying confidence judgments. The reason is that the estimation methods available to fit
 115 meta- d' require the computation of the probability of the different levels of confidence given
 116 stimulus and discrimination response $p(C|R, S)$. Notably, static generative models of confidence

117 are usually defined by a probability density of confidence ratings and discrimination task
 118 responses $p(C, R|S)$ (e.g. Adler & Ma, 2018; Aitchison et al., 2015; Rausch et al., 2018, 2020;
 119 Shekhar & Rahnev, 2021). This means what distinguishes the meta-d' approach from generative
 120 models of confidence is whether the probability density is conditioned on the discrimination
 121 response or whether the discrimination response is modelled as well. According to both the
 122 conditioned maximum likelihood procedure proposed by Maniscalco and Lau (2014) and the
 123 Bayesian Markov Chain Monte Carlo (MCMC) method by Fleming (2017), the probability for a
 124 specific degree of confidence given stimulus and response $p(C|R, S)$ is given by

$$p(C = i|S, R = -1) = \frac{\int_{\theta_{n-i}}^{\theta_{n-i+1}} \phi_{\mu=d_{meta} \times S \times 0.5}(y) dy}{\int_{-\infty}^{\theta_n} \phi_{\mu=d_{meta} \times S \times 0.5}(y) dy} \quad (1)$$

$$p(C = i|S, R = 1) = \frac{\int_{\theta_{n+i-1}}^{\theta_{n+i}} \phi_{\mu=d_{meta} \times S \times 0.5}(y) dy}{\int_{\theta_n}^{\infty} \phi_{\mu=d_{meta} \times S \times 0.5}(y) dy} \quad (2)$$

125 where ϕ indicates the Gaussian density function with mean μ and variance of 1, θ_0 is $-\infty$,
 126 θ_{2n} is ∞ , and d_{meta} is meta-d'. According to Maniscalco and Lau (2014), the location of the
 127 central confidence criterion θ_n depends on the perceptual sensitivity of the observer d' as well as
 128 on the primary task criterion c and is given by $\theta_n = c \times d_{meta} \div d'$. According to Fleming's
 129 method, θ_n is identical to c . The formulae (1) and (2) show two important features of the meta-
 130 d'/d' method. First, the formulae for $p(C|S, R)$ are identical to the cumulative truncated gaussian
 131 distribution function (Kristensen et al., 2020). Second, the formulae do not include x , the sensory
 132 evidence used to make the discrimination choice: This means that the random process underlying
 133 confidence judgments only depends on the outcome of the random process underlying the
 134 discrimination task decision, i.e., the response R , but when conditioned on R , it does not depend
 135 on the state of the random process generating the discrimination task decision.

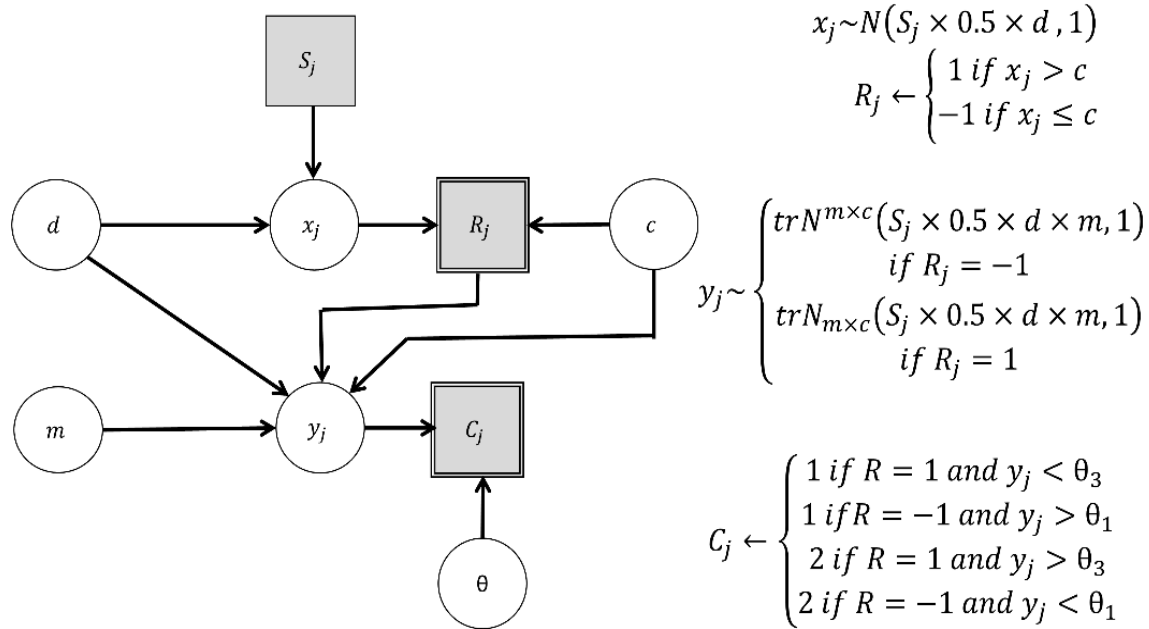
136 **The independent truncated Gaussian model (ITG)**

137 Here, we present a generative model of confidence that is set up to be consistent with the
138 probability functions used to estimate meta-d': the *independent truncated Gaussian model* (ITG,
139 see Fig. 2). Conceptually, ITG reflects a cognitive mechanism where confidence judgments are
140 based on information generated independently from the sensory evidence used to make the
141 perceptual decision. However, according to ITG, confidence judgments can only be informed by
142 information corroborating the perceptual decision; contradicting information is not available.
143 ITG is identical to standard signal detection theory as far as the discrimination task response is
144 concerned. For the choice about the confidence, according to ITG, there is a separate decision
145 variable for confidence y . The confidence decision variable y is sampled from a truncated
146 Gaussian distribution, with the location parameter equal to $S \times d \times 0.5 \times m$ and a scale
147 parameter of 1. The parameter d quantifies the perceptual ability of the observer and is
148 equivalent to d' in standard signal detection theory. The parameter m quantifies metacognitive
149 efficiency, which is measured by $\text{meta-}d'/d'$. Notably, y is sampled independently from x , the
150 sensory evidence used in the discrimination decision (see Fig. 3 for a visualisation of the
151 distribution of x and y). The Gaussian distribution of y is truncated in a way that it is impossible
152 to sample evidence that contradicts the original decision: If $R = -1$, the distribution is truncated to
153 the right of θ_n . If $R = 1$, the distribution is truncated to the left of θ_n . Because Maniscalco and
154 Lau (2014) and Fleming (2017) defined θ_n differently, there are also two slightly different
155 versions of ITG. ITG reproduces the probability density of confidence given stimulus and
156 response specified by Maniscalco and Lau (2014) if the distribution of y is truncated at $c \times m$,
157 while to reproduce the probability density of confidence given stimulus and response in Fleming
158 (2017), the distribution must be truncated at c . Just as in the signal detection model, confidence

159 ratings are chosen by comparing the confidence decision variable y against a set of $2 \times n - 1$
 160 confidence criteria, $\theta_1, \theta_2, \theta_3, \dots, \theta_{2 \times n - 1}$.

161 **Figure 2**

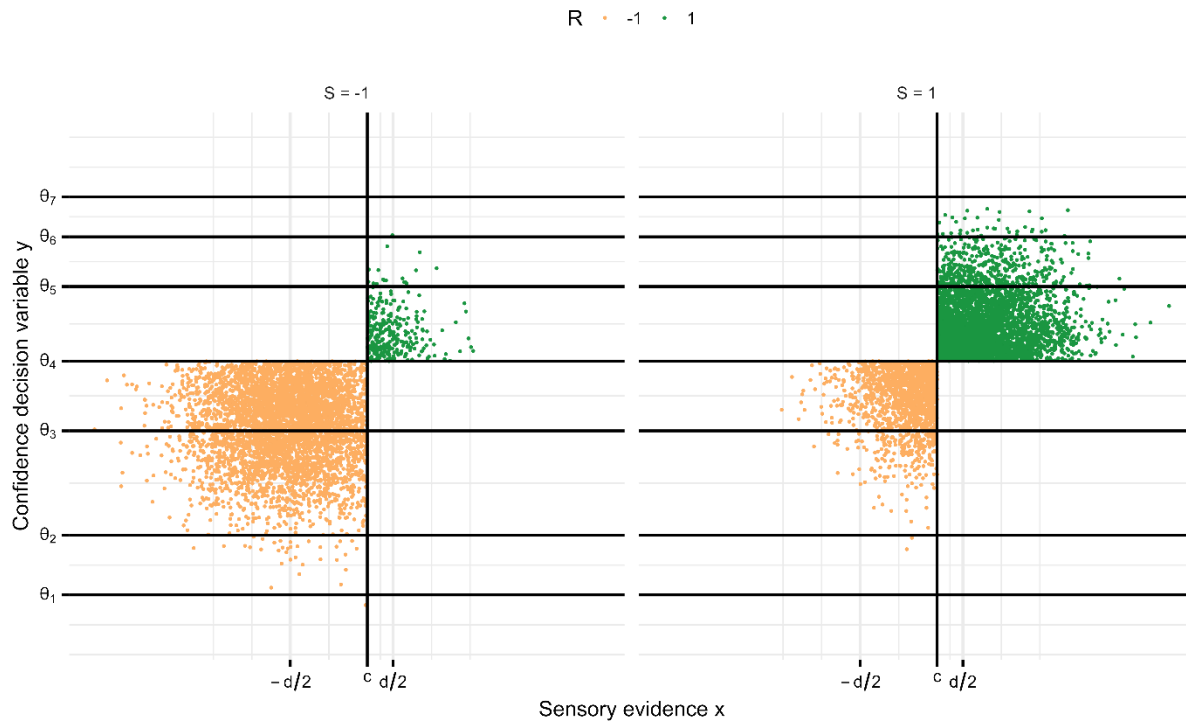
162 *Bayesian graphical model of the independent truncated Gaussian model (ITG)*



163
 164 *Note.* Version of ITG to reproduce the probabilities of confidence categories given stimulus and
 165 response underlying the maximum likelihood method devised by Maniscalco and Lau (2014). S_j ,
 166 R_j , and C_j are stimulus class, response, and confidence in trial j , respectively, d is the
 167 discrimination sensitivity parameter, c is the discrimination criterion, θ is the confidence
 168 criterion, m is the metacognitive efficiency parameter, x_j is the sensory evidence in trial j , and
 169 y_j is the confidence decision variable in trial j . $\text{tr}N_a^b$ indicates a Gaussian distribution which is
 170 truncated at the left side and at b at the right side. Following the convention by Lee and
 171 Wagenmakers (2013), continuous variables are depicted as circles and discrete variables as
 172 squares, observed variables are shaded, unobserved variables not shaded, stochastic dependence
 173 is indexed by single borders, and deterministic dependence by double borders.

174 **Figure 3**

175 *Two-dimensional distributions of sensory evidence x and confidence decision variable y*
 176 *according to the independent truncated Gaussian model (ITG)*



177

178 *Note.* Fig. 3 is based on a simulation of the ITG model, using Fleming’s model specification, and
 179 assuming the following parameters: $d = 2$, $c = 0.5$, $m = 0.5$.

180 The implications of the similarity of the meta- d' method and the ITG model with respect
 181 to the interpretation of meta- d'/d' has to our knowledge not yet been explored: In standard signal
 182 detection theory, measures of sensitivity are only guaranteed to be independent from response
 183 criteria if the underlying SDT model is a reasonable approximation of the underlying processes
 184 (Green & Swets, 1966; Macmillan & Creelman, 2005; Wickens, 2002). Unfortunately, examples
 185 of generative models have been presented where meta- d' is not robust against a variation of
 186 discrimination task performance and confidence criteria: According to a model where the
 187 confidence criteria are affected by lognormal noise, meta- d'/d' is influenced by confidence

188 criteria (Shekhar & Rahnev, 2021). According to a Bayesian model where confidence is affected
189 by beta-distributed metacognitive noise, meta-d'/d' depends on discrimination task performance
190 (Guggenmos, 2021). Thus, the question arises how robust the control that meta-d'/d' provides
191 over discrimination task performance, discrimination task criterion, and confidence criteria is if
192 the space of different generative models underlying confidence is varied more widely.

193 **Rationale of the present study**

194 In the present study, we investigated whether meta-d'/d' is influenced by discrimination
195 task performance, discrimination task criterion, and confidence criteria. For this purpose, we
196 simulated artificial data while systematically varying the underlying generative model of
197 confidence. Because the number of generative models of confidence proposed in the literature is
198 far greater than what can be investigated in a single study (e.g. Desender et al., 2021; Fleming &
199 Daw, 2017; Guggenmos, 2022; Mamassian & de Gardelle, 2021; Rausch et al., 2018;
200 Maniscalco & Lau, 2016; Shekhar & Rahnev, 2021; Reynolds et al., 2020; Hellmann et al.,
201 2023; Boundy-Singer et al., 2022; Zhu et al., 2023; Moran et al., 2015; Pereira et al., 2021), for
202 the purpose of the present study, we restricted our analysis to models where the discrimination
203 task decision is made consistent with signal detection theory and thus applying a meta-d'/d'
204 model is considered appropriate (Fleming & Lau, 2014). Besides two versions of the
205 independent truncated gaussian model, one equivalent to the hypothetical SDT models used by
206 Maniscalco and Lau (2014) and one equivalent to the hypothetical SDT models used by Fleming
207 (2017), we used five different models reflecting different cognitive mechanisms how confidence
208 judgments may be generated (see Table 2). For each simulation, we computed meta-d'/d' using
209 three different methods: 1) the conditioned maximum likelihood method proposed by
210 Maniscalco and Lau (2012, 2014), 2) the Bayesian MCMC method described by Fleming (2017),

211 and 3) conditioned maximum likelihood estimation using Fleming’s specification of the
 212 hypothetical SDT model.

Table 2

List of cognitive models in which we analyzed the behavior of meta-d'/d'

| Model | Reference | Conceptual interpretation of the model |
|--|--|---|
| Independent truncated Gaussian model | Maniscalco and Lau (2014) Fleming (2017) | Information used for confidence is generated independently from the evidence used for the choice. Evidence contradicting the original choice cannot be collected. |
| Postdecisional accumulation model | Pleskac and Busemeyer (2010) | After the choice, accumulation of sensory evidence continues for a fixed time interval |
| Gaussian noise model | Maniscalco and Lau (2016) | Confidence is informed by the same sensory evidence as the task decision, but confidence is affected by additive Gaussian noise. |
| Response-congruent evidence model | Maniscalco et al. (2016) Peters et al. (2017) | Confidence is informed only by evidence supporting the selected decision option; evidence in favor of the other option is ignored |
| Confidence boost model | Mamassian and de Gardelle (2021) | Confidence is informed by the evidence used for the choice and by evidence collected in parallel to the choice. In addition, confidence is affected by additive Gaussian noise. |
| Weighted evidence and visibility model | Rausch et al. (2018, 2020, 2021) | Confidence is informed by the evidence used for the choice as well as by a parallel estimate of the difficulty of the task. In addition, confidence is affected by additive Gaussian noise. |

213 We expected that meta-d/d' is independent from discrimination task performance,
 214 discrimination task criteria, and confidence criteria when the generative model is the independent
 215 truncated Gaussian model. At least for some of the alternative models, we expected that meta-

216 d'/d' depends on discrimination task performance, discrimination task criterion, and confidence
217 criteria.

218 **Simulation 1**

219 **Method**

220 *Model specification*

221 We simulated data using seven different generative models:

- 222 i. the independent truncated Gaussian model with the Gaussian distribution
223 truncated at the discrimination task criterion multiplied with metacognitive
224 efficiency (consistent with the hypothetical SDT model proposed by Maniscalco
225 and Lau, 2014),
- 226 ii. the independent truncated Gaussian model with the Gaussian distributions
227 truncated at the discrimination task criterion (consistent with the hypothetical
228 SDT model used by Fleming (2017),
- 229 iii. the Gaussian noise model,
- 230 iv. the postdecisional accumulation model,
- 231 v. the weighted evidence and visibility model,
- 232 vi. the confidence boost model, and
- 233 vii. the response-congruent evidence model.

234 For all seven models, we assumed that participants select a discrimination response $R \in$
235 $\{-1, 1\}$ about the stimulus class $S \in \{-1, 1\}$ as well as a confidence judgment on a five-point
236 scale that the response about the stimulus is correct $C \in \{1, 2, 3, 3, 5\}$. According to all seven
237 models, a decision about the stimulus is made by comparing the sensory evidence x against the

238 decision criterion c . Participants respond $R = -1$ if $x < c$ and $R = 1$ if $x > c$. The sensory evidence
 239 x is modelled as a random sample from a Gaussian distribution:

$$240 \quad x \sim N(\mu = S \times 0.5 \times d, \sigma = 1)$$

241 The more sensitive the observer is to the stimulus, the greater is the distance d between
 242 the centres of the distributions created by the two stimuli. Thus, d is interpreted as the ability of
 243 the observer's perceptual system to differentiate between the two kinds of S . The different
 244 models are characterised by ways how the confidence decision variable y is generated. A specific
 245 degree of confidence is determined by comparing y against a set of confidence criteria. To be
 246 consistent with standard SDT, we assumed separate of confidence criteria for each of the two
 247 response options. For all models, we assumed for simplicity that confidence criteria are placed
 248 symmetrically around the central confidence criterion θ_5 with the placement of criteria
 249 determined by the parameter τ . For the version of ITG modelled after Maniscalco and Lau's
 250 method, θ_5 was set to $c \times m$. For the version of ITG modelled after Fleming's method, as well as
 251 for the five alternative models of confidence, θ_5 was set to c . For $R = -1$, the other confidence
 252 criteria are located at $\theta_1 = \theta_5 - 2 \times \tau$, $\theta_2 = \theta_5 - 1.5 \times \tau$, $\theta_3 = \theta_5 - \tau$, and $\theta_4 = \theta_5 -$
 253 $0.5 \times \tau$. For $R = 1$, the confidence criteria are located at $\theta_6 = \theta_5 + 0.5 \times \tau$, $\theta_7 = \theta_5 + \tau$, $\theta_8 =$
 254 $\theta_5 + 1.5 \times \tau$, and $\theta_9 = \theta_5 + 2 \times \tau$. Each criterion delineates between two adjacent confidence
 255 criteria, e.g., the observer reports confidence $C = 2$ if the response R is -1 and y fell between θ_1
 256 and θ_2 , or if $R = 1$ and y fell between θ_6 and θ_7 . Thus, τ represents how liberally or
 257 conservatively participants place their confidence criteria.

258 **Gaussian noise model.** Conceptually, the Gaussian noise model reflects the idea that
 259 confidence is informed by the same sensory evidence as the task decision, but confidence is
 260 affected by additive Gaussian noise. Therefore, the confidence decision variable y is also

261 sampled from a Gaussian distribution, with a mean equal to the sensory evidence x and a
 262 standard deviation σ_c , an additional free parameter.

$$263 \quad y \sim N(\mu = x, \sigma = \sigma_c)$$

264 **Postdecisional accumulation model.** The postdecisional accumulation model was
 265 inspired by two-stage signal detection theory, according to which accumulation of sensory
 266 evidence is continued after the decision for a fixed time interval (Pleskac & Busemeyer, 2010).
 267 To ensure comparability with the other models, we used a model that represents the conceptual
 268 idea of ongoing accumulation of evidence but does not model reaction time data as well.

269 According to PDA, the confidence decision variable y is sampled from a Gaussian distribution:

$$270 \quad y \sim N(\mu = x + S \times 0.5 \times d \times b, \sigma = \sqrt{b})$$

271 The free parameter b indicates the amount of postdecisional accumulation relative to the
 272 amount of evidence available at the time of the discrimination decision. The standard deviation
 273 equals the square root of b because both the mean and the variance of the decision variable
 274 increase linearly with time in drift diffusion processes (Pleskac & Busemeyer, 2010).

275 **Weighted evidence and visibility model.** The conceptual idea underlying the weighted
 276 evidence and visibility model is that the observer combines evidence about the choice-relevant
 277 feature of the stimulus with the strength of evidence about choice-irrelevant features to select one
 278 out of several confidence categories (Rausch et al., 2018, 2020, 2021). Evidence about choice-
 279 irrelevant features of the stimulus can improve confidence judgement because they allow the
 280 observer to estimate the reliability of the percept more precisely (Rausch & Zehetleitner, 2019).
 281 To express this idea in formal terms, the WEV model assumes that y is sampled from a Gaussian
 282 distribution with the standard deviation σ_c :

$$283 \quad y \sim N(\mu = (1 - w) \times x + w \times d \times R, \sigma = \sigma_c)$$

284 The standard deviation σ_c quantifies the amount of unsystematic variability contributing
285 to confidence judgments but not to identification judgments. The unsystematic variability may
286 stem from different sources, including the uncertainty in the estimate of stimulus strength or the
287 noise inherent to metacognitive processes. The factor R ensures that strong stimuli tend to shift
288 the location of the distribution in a way that high confidence is more likely, and likewise, weak
289 stimuli tend to shift the location of the distribution in a way that the probability of low
290 confidence increases.

291 **Confidence boost model.** The confidence boost model represents the idea that the
292 confidence decision variable y is only partially based on the information used during the
293 perceptual decision (Mamassian & de Gardelle, 2021). The confidence boost reflects information
294 used for confidence judgments which was not used for perceptual decision. For this purpose, the
295 model includes the parameter α , which quantifies the degree to which observer base their
296 confidence judgments on information available for the perceptual decision. If $\alpha = 0$, confidence
297 judgments are exclusively based on information already used for the perceptual decisions; if $\alpha =$
298 1, the observer has direct access to the original stimulus, and not just the noisy sensory evidence
299 used to make the perceptual decision. In addition, there is again confidence noise superimposed
300 on the confidence decision variable σ_c . Because Mamassian and de Gardelle (2021) conceived
301 their model for confidence forced choice paradigms, the model was slightly adapted to be
302 applicable for tasks where meta- d'/d' is typically used. In the version of the model used in the
303 present study, y is sampled from a Gaussian distribution with the standard deviation σ_c :

$$304 \quad y \sim N(\mu = 0.5 \times S \times d + x \times (1 - \alpha), \sigma = \sigma_c)$$

305 **Response-congruent evidence model.** The model was inspired by the confidence model
306 proposed by Peters et al. (2017). Conceptually, the model represents the idea that observers use

307 all available sensory information to make the primary task decision, but for confidence
 308 judgments, they only consider evidence consistent with the selected decision and ignore evidence
 309 against the decision (Maniscalco et al., 2016; Odegaard, Grimaldi, et al., 2018; Samaha et al.,
 310 2016; Zylberberg et al., 2012). In our version of the model, the response-congruent evidence
 311 model assumes two separate samples of sensory evidence collected in each trial, each belonging
 312 to one possible identity of the stimulus:

$$313 \quad x_1 \sim N(\mu = (1 - S) \times 0.25 \times d, \sigma = \sqrt{1/2})$$

$$314 \quad x_2 \sim N(\mu = (1 + S) \times 0.25 \times d, \sigma = \sqrt{1/2})$$

315 The sensory evidence used for the discrimination choice is $x = x_2 - x_1$, which implies
 316 that the discrimination decision is equivalent to standard signal detection theory. The confidence
 317 decision variable depends on the response selected by the observer:

$$318 \quad y = \begin{cases} -x_1, & \text{if } R = -1 \\ x_2, & \text{if } R = 1 \end{cases}$$

319 ***Simulations***

320 Table 3 lists all parameters we used for our simulations. The parameters were chosen to
 321 investigate the behaviour of meta-d'/d' across a decent range while at the same time avoiding
 322 extreme frequencies of events, which are known to lead to unstable behaviour (Barrett et al.,
 323 2013). For each generative model, we performed one simulation for each possible combination
 324 of parameters. In each simulation, we randomly simulated 10^6 discrimination responses and
 325 confidence ratings for both stimuli. Then, we computed meta-d'/d' using three different methods:

- 326 i. the conditioned maximum-likelihood method as described by Maniscalco and Lau
 327 (2014),
- 328 ii. the Bayesian MCMC method used by Fleming (2017),

329 iii. a conditioned maximum-likelihood method that uses the specification of the
 330 hypothetical SDT model used by Fleming (2017).
 331 A simulation was only included into the results if the estimated standard error of meta-d'
 332 was below .005. All analyses were conducted using R (R Core Team, 2020).

Table 3

Parameters for each generative model of confidence

| Model | Parameter | values used during simulations | Interpretation of the parameter |
|--|------------|--------------------------------|--|
| All models | d | 0.5, 1.0, 1.5, 2.0, 2.5 | sensitivity of the observer to discriminate between the two stimulus classes |
| | c | 0, 0.25, 0.5, 1, 1.5, 2 | criterion for the primary task response |
| | τ | 0.5, 1.0, 1.5, 2.0, 2.5 | placement of confidence criteria |
| Independent truncated Gaussian model | m | 0.5, 1, 1.5 | Amount of signal available for metacognition relative to the signal available for the discrimination choice |
| Gaussian noise model | σ_c | 0.5, 1, 2 | amount of noise superimposed on rating response |
| Postdecisional accumulation model | b | 0.1, 0.5, 1 | amount of postdecisional accumulation relative to the evidence available at the time of the discrimination decision |
| Weighted evidence and visibility model | σ_c | 0.5, 2 | amount of Gaussian noise superimposed on rating response |
| | w | 0.25, 0.75 | degree to which confidence relies on sensory evidence about the identity or on strength of evidence about identification-irrelevant features of the stimulus |
| Confidence boost model | σ_c | 0.5, 2 | amount of normal noise superimposed on rating response |
| | α | 0.25, 0.75 | degree to which observer has direct access to the original stimulus when making the confidence judgment |

333

334 **Conditioned maximum likelihood estimation of Maniscalco and Lau's model.** To
 335 estimate meta-d' based on conditioned maximum likelihood estimation, we used a translation of
 336 the MATLAB code provided by Brian Maniscalco
 337 (<http://www.columbia.edu/~bsm2105/type2sdt>, last accessed 2021-09-20) to R. The algorithm
 338 involved the following computational steps: First, the frequency of each confidence category was
 339 determined depending on the stimulus class and the accuracy of the response. To correct for
 340 extreme proportions, $1/(2n)$ was added to each cell of the frequency table. Second,
 341 discrimination sensitivity d' and discrimination criterion c were calculated using standard
 342 formulae

$$d' = \Phi^{-1}\left(\frac{n_{S1R1}}{n_{S1}}\right) - \Phi^{-1}\left(\frac{n_{S0R1}}{n_{S0}}\right) \quad (3)$$

$$c = -\frac{1}{2} \times \left(\Phi^{-1}\left(\frac{n_{S1R1}}{n_{S1}}\right) + \Phi^{-1}\left(\frac{n_{S0R1}}{n_{S0}}\right) \right) \quad (4)$$

343 with n_{S1} the number of trials when $S = 1$, n_{S0} the number of trials when $S = -1$, n_{S1R1} the
 344 number of trials when $S = 1$ and $R = 1$, n_{S0} the number of trials when $S = -1$, n_{S0R1} the number
 345 of trials when $S = -1$ and $R = 1$, and Φ^{-1} the quantile function of the standard Gaussian
 346 distribution. The third step involved fitting the meta-d' model. For this purpose, a maximum
 347 likelihood optimization procedure was used with respect to the probability of confidence given
 348 stimulus and response as well as the parameters determined at previous steps, i.e., d' and c . Model
 349 fitting involved a free parameter for meta-d' d_{meta} as well as the rating criteria $\theta_1, \theta_2, \dots, \theta_{n-1},$
 350 $\theta_{n+1}, \theta_{n+2}, \dots, \theta_{2n-1}$. To reproduce the original method by Maniscalco and Lau, θ_n was fixed at
 351 $c \times d_{meta} \div d'$. To enforce that the criteria were ordered, all free criteria were parametrized as
 352 the log of the distance to the adjacent criterion. Model fitting was performed in two steps: First, a
 353 coarse grid search was used to identify promising starting values. Second, the five best parameter

354 sets were used as initial values for an Nelder-Mead optimization algorithm as implemented in the
 355 R function `optim` (Nelder & Mead, 1965). We restarted the optimization four times, using the
 356 previously found result as initial value for the next iteration to prevent the algorithm from getting
 357 stuck in a local minimum. Standard errors associated with the estimate of meta-d' were obtained
 358 by inverting the Hessian matrix returned from `optim`.

359 **Conditioned maximum likelihood estimation of Fleming's model.** To fit meta-d'/d'
 360 using conditioned maximum likelihood estimation and a model specification equivalent to the
 361 method used by Fleming (2017), we used the same algorithm as for Maniscalco and Lau's model
 362 specification with the exception that θ_n was fixed at c .

363 **Bayesian Markov Chain Monte Carlo.** To estimate meta-d'/d' using Bayesian MCMC,
 364 we used R code provided by Steve Fleming (<https://github.com/metacoglab/HMeta-d>, last
 365 accessed 2022-10-22), which relies on the free software `jags` to sample from the posterior
 366 distribution (Plummer, 2003). For more details on the underlying Bayesian estimation procedure,
 367 see Fleming (2017). Just as for standard meta-d', discrimination performance d' and
 368 discrimination criterion c were computed first using formulae (3) and (4) and then submitted to
 369 `jags` as constants. The Bayesian estimation procedure was used only for the meta-d'/d' and
 370 confidence criteria. For this purpose, the absolute frequency of each confidence rating given
 371 stimulus and response $f(C|S, R)$ was modelled as a multinomial distribution \mathcal{M} ,

$$f(C|S, R) \sim \mathcal{M}(n = n_{SR}, p = p(C|S, R)) \quad (5)$$

372 where n_{SR} is the number of trials with stimulus S and response R , and $p(C|S, R)$ calculated using
 373 formulae (1) and (2). θ_n was fixed at c . $p(C|S, R)$ depends on the free parameters d_{meta} and a
 374 set of criteria θ . The priors for the parameters were specified as follows:

$$\theta_{1,2,\dots,n-1} \sim tr\mathcal{N}(\mu = 0, \quad \sigma = \sqrt{0.5}, \quad a = -\infty, \quad b = c) \quad (6)$$

$$\theta_{n+1,n+2,\dots,2\times n-1} \sim \text{tr}\mathcal{N}(\mu = 0, \quad \sigma = \sqrt{0.5}, \quad a = c, \quad b = \infty)$$

$$d_{meta} \sim \mathcal{N}(\mu = d', \sigma = \sqrt{2})$$

375 where $\theta_{1,2,\dots,n-1}$ indicates the set of confidence criteria when the response was -1,
 376 $\theta_{n+1,n+2,\dots,2\times n-1}$ indicates the set of confidence criteria when the response was 1, $\text{tr}\mathcal{N}$ indicates
 377 a truncated gaussian distribution with a location parameter μ , scale parameter σ , lower bound a,
 378 and upper bound b, and d_{meta} is meta-d'. These priors reflect the standard settings. Sampling
 379 was performed in three separate Markov Chains to allow computation of Gelman and Rubin's
 380 convergence diagnostic \hat{R} (Gelman & Rubin, 1992). For each chain, we drew 100,000 samples
 381 from the posterior distribution, saving every 10th sample to remove autocorrelations in the
 382 Markov chain. If \hat{R} was larger than 1.1, the simulation was excluded from the analysis.

383 **Transparency and openness.** All data and analysis code are available at
 384 <https://osf.io/72uds>. This study's design and its analysis were not pre-registered.

385 **Results**

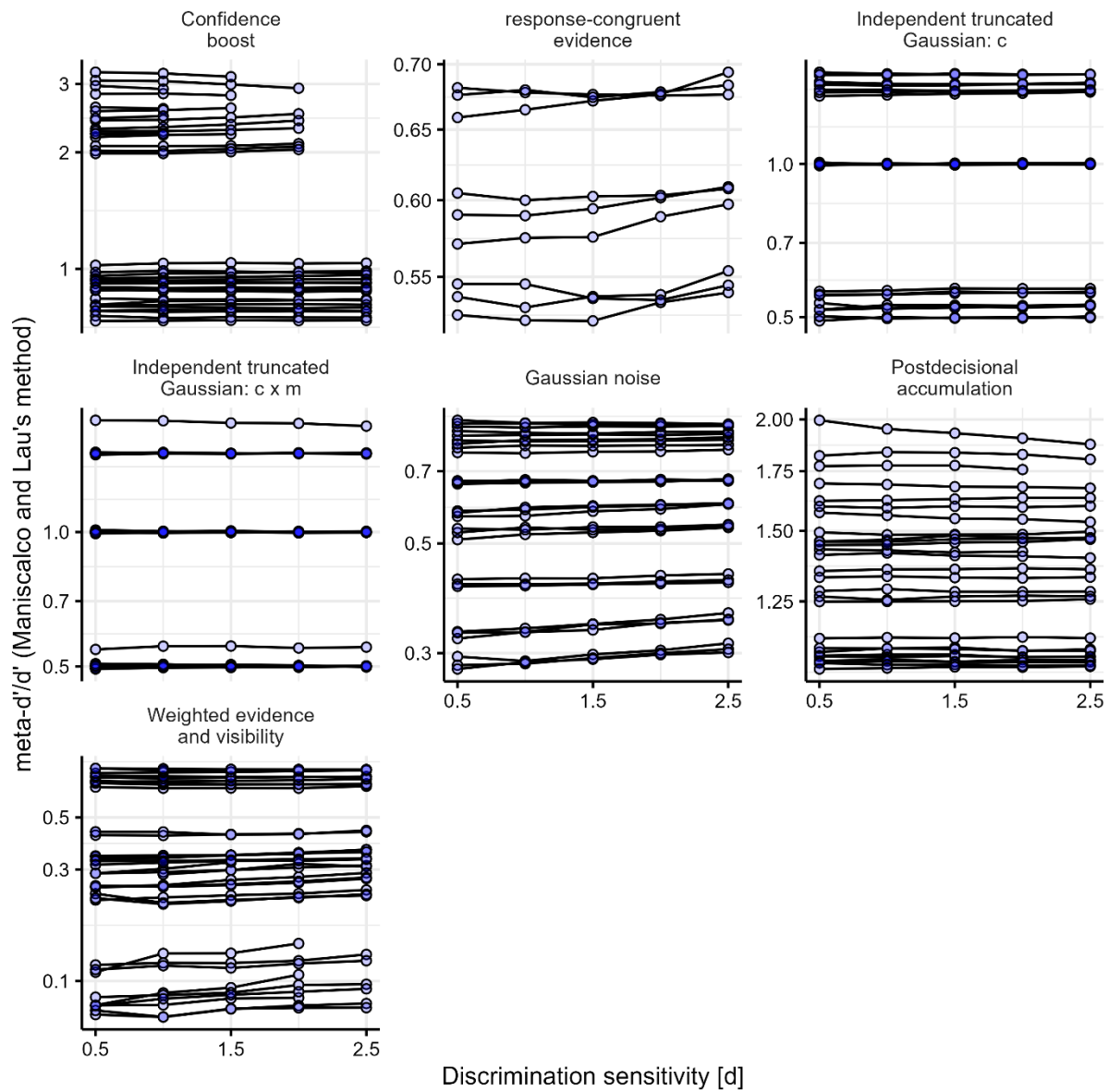
386 *Discrimination sensitivity*

387 Fig. 4 shows the pattern of meta-d'/d' as estimated using the conditioned maximum
 388 likelihood method proposed by Maniscalco and Lau (2012) as a function of the generative model
 389 underlying the simulated data and discrimination sensitivity. Meta-d'/d' was not perfectly
 390 constant across different levels of discrimination sensitivity in any of the seven generative
 391 models. For the two independent truncated Gaussian models, meta-d'/d' was associated with
 392 discrimination sensitivity only for a relatively small subset of simulations. In contrast, for the
 393 postdecisional accumulation model, the Gaussian noise model, the response-congruent evidence
 394 model, and the weighted evidence and visibility model, Fig. 4 shows multiple lines that have a

395 non-zero slope, meaning that meta-d'/d' depended on discrimination sensitivity for the majority
 396 of parameter sets.

397 **Figure 4**

398 *Meta-d'-d' based on conditioned maximum likelihood estimation and model specification*
 399 *by Maniscalco and Lau, as function of discrimination sensitivity and generative model of*
 400 *confidence*

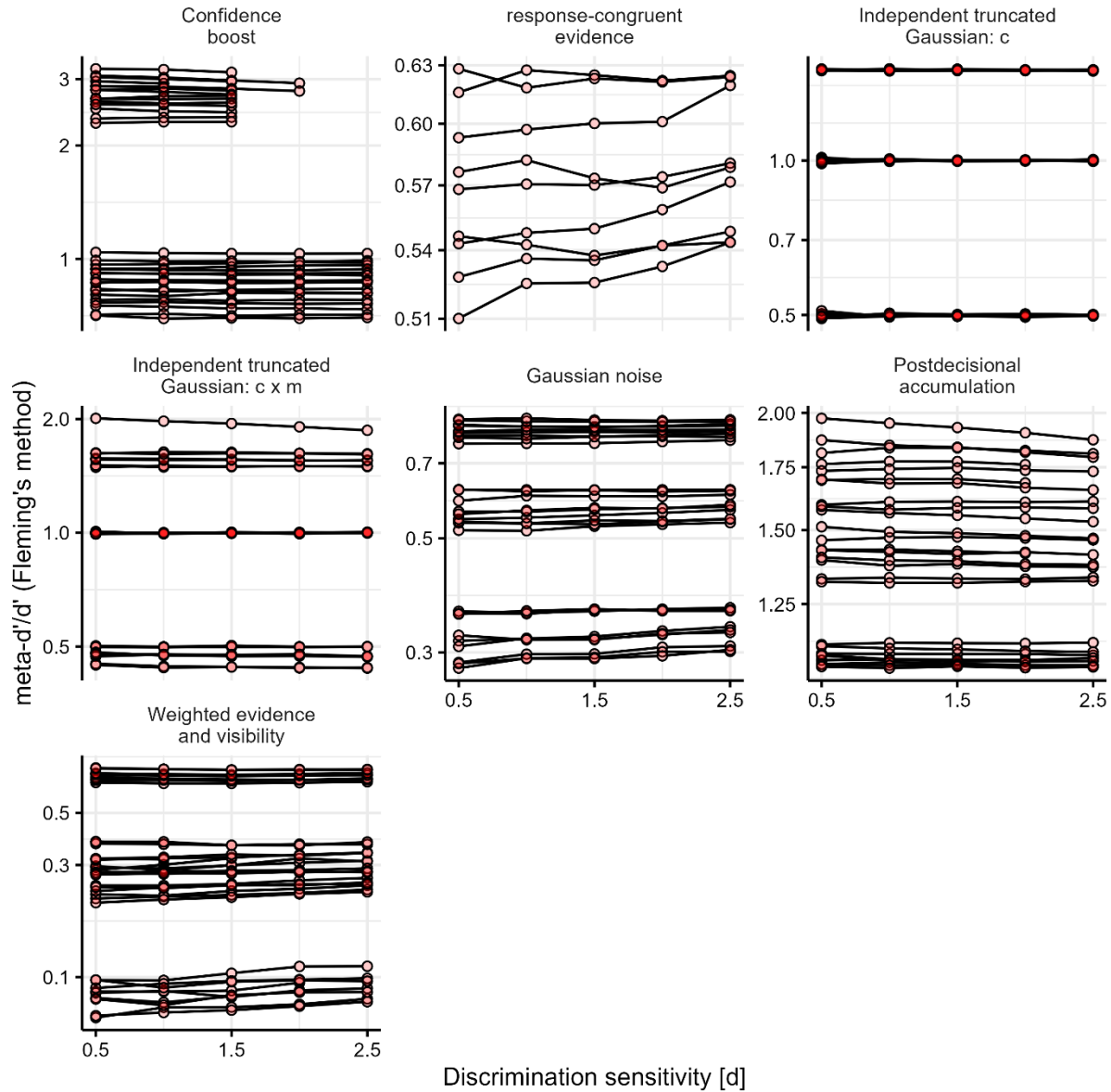


402 *Note.* Each dot represents one simulation with one combination of parameters. Lines connect
403 simulations that differ only with respect to the parameter quantifying discrimination sensitivity
404 and identical parameter sets otherwise. Lines parallel to the horizontal indicate that meta-d'/d' is
405 independent from discrimination sensitivity. Note that the y-Axes are different for each
406 generative model of confidence.

407 Fig. 5 shows the pattern of meta-d'/d' estimated using Fleming's Bayesian MCMC
408 method, again as a function of the generative model underlying the simulated data and
409 discrimination sensitivity. Meta-d'/d' was constant across levels of discrimination performance
410 when the data was generated according to the independent truncated Gaussian model with
411 distributions truncated at the discrimination criterion c . When the same model was used but with
412 distributions truncated at $c \times m$, there were some parameter sets where discrimination sensitivity
413 affected meta-d'/d'. Again, for the postdecisional accumulation model, the Gaussian noise model,
414 the response-congruent evidence model, and the weighted evidence and visibility model,
415 discrimination sensitivity affected meta-d'/d' ratios for a large number of parameter sets. When
416 we repeated these analyses using conditioned maximum likelihood estimation but calculating the
417 probability of confidence given stimulus and response following Fleming (2017), the results
418 were visually indistinguishable from Fig. 5.

419 **Figure 5**

420 *Meta-d'/d' based on Bayesian MCMC estimation and Fleming's model specification, as*
421 *function of discrimination sensitivity and generative model of confidence*



422

423 *Note.* Each dot represents one simulation. Lines connect simulations that differ only with respect
 424 to the parameter quantifying discrimination sensitivity and identical parameter sets otherwise.

425 Lines parallel to the horizontal indicate that meta-d'/d' is independent from discrimination
 426 sensitivity. Note that the y-Axes are different for each generative model of confidence.

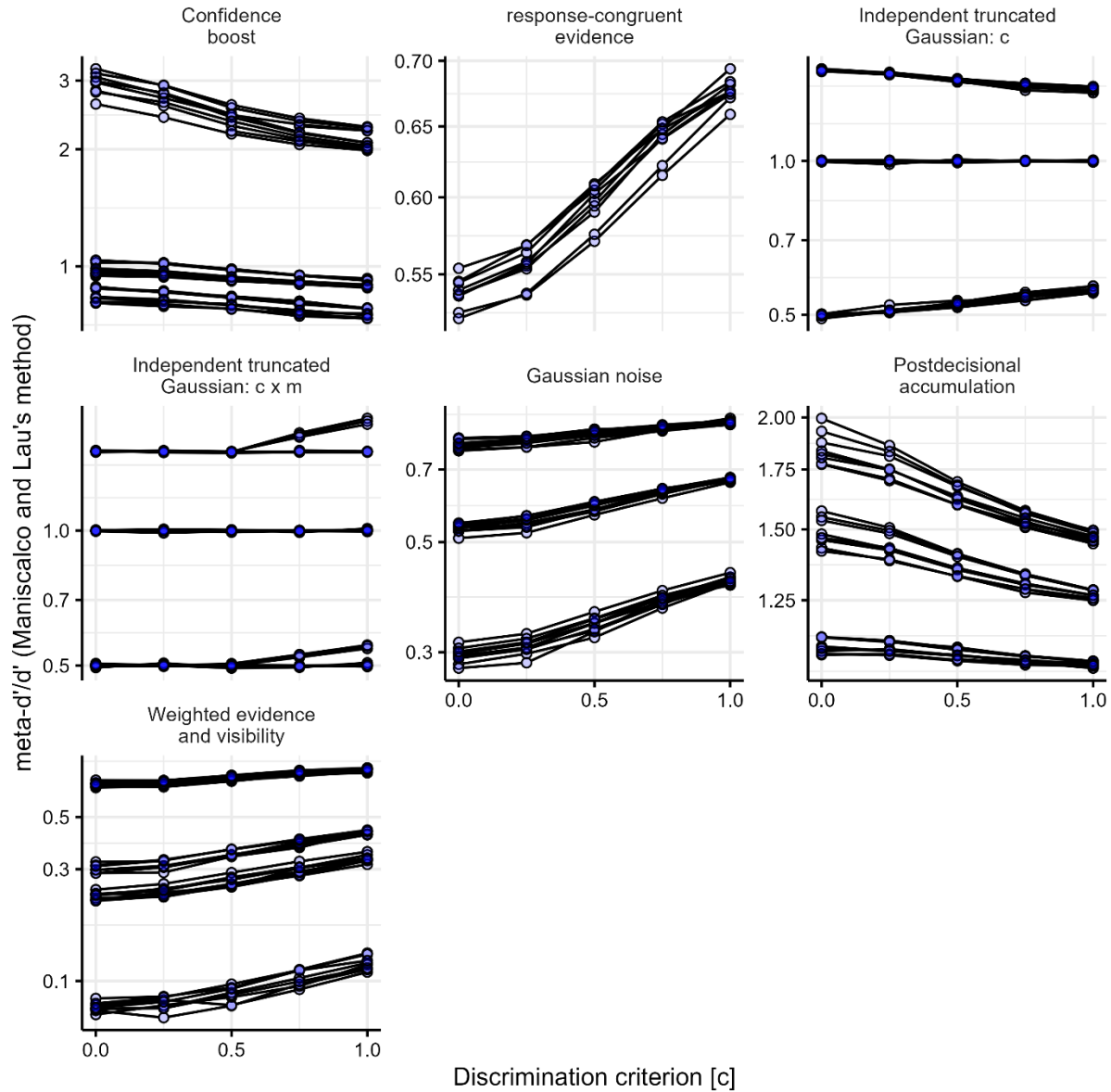
427 ***Discrimination bias***

428 The relationship between meta-d'/d' and discrimination bias across different generative
 429 models is depicted in Fig. 6 for Maniscalco and Lau's original conditioned maximum likelihood

430 method and in Fig. 7 for Fleming's Bayesian MCMC method. Fig. 6 shows that meta-d'/d'
431 estimated using the original method depends on discrimination bias for each single generative
432 model of confidence. Fig. 7 shows that meta-d'/d' estimated using the Bayesian MCMC method
433 is independent from discrimination bias only if the data is generated according to the
434 independent truncated Gaussian model with the distributions truncated at the discrimination
435 criterion. Again, meta-d'/d' depends on the discrimination criterion according to all other
436 generative models of confidence. Finally, when meta-d'/d' was estimated using conditioned
437 maximum likelihood estimation but using the model specification Fleming (2017), the results
438 were the same as in Fig. 6.

439 **Figure 6**

440 *Meta-d'/d' based on conditioned maximum likelihood estimation and Maniscalco and*
441 *Lau's model specification as function of discrimination bias and generative model of confidence*

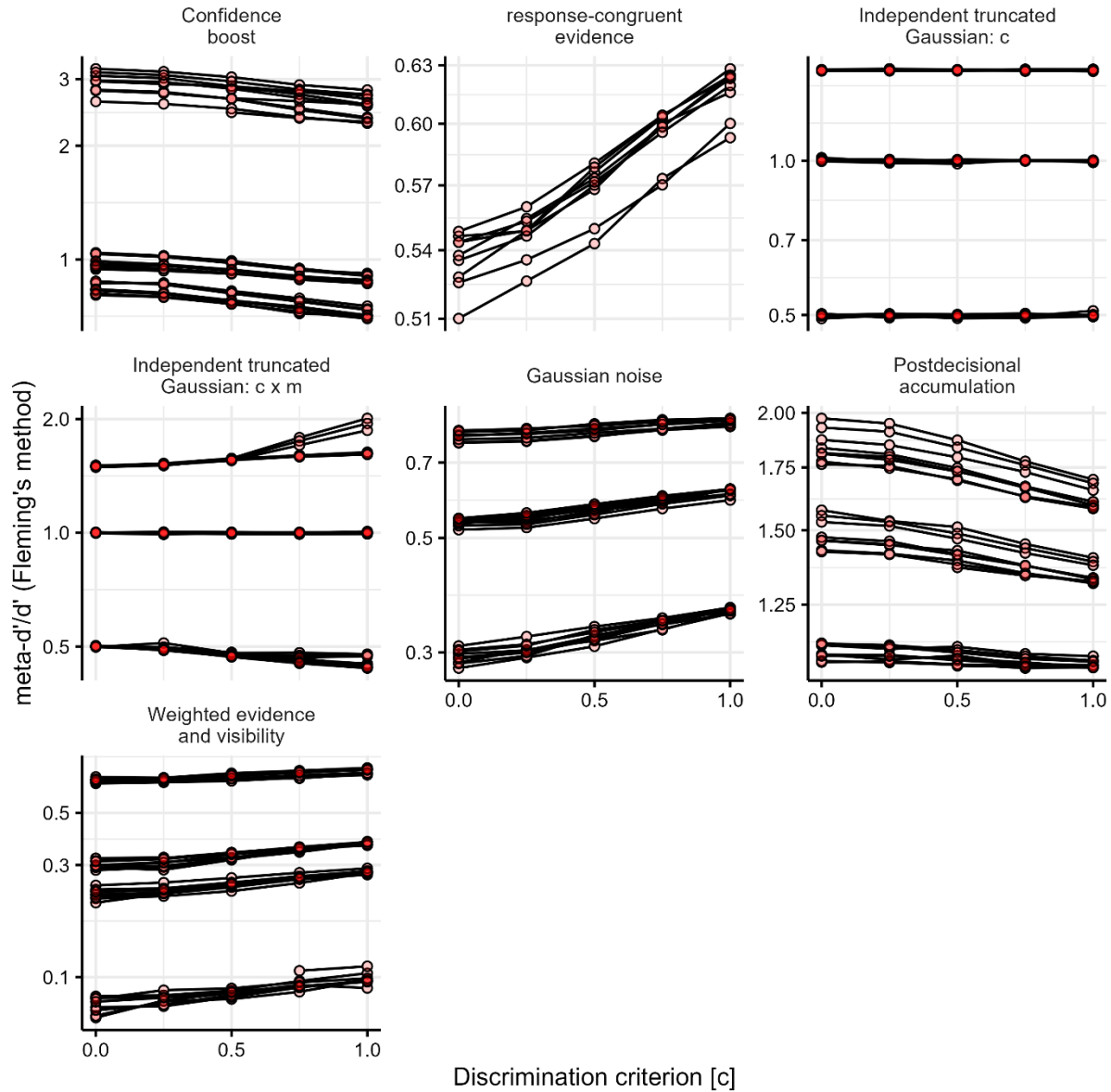


442

443 *Note.* Each dot represents one simulation. Lines connect simulations that differ only with respect
 444 to the parameter quantifying discrimination bias and identical parameter sets otherwise. Lines
 445 parallel to the horizontal indicate that $\text{meta-d}'/d'$ is independent from discrimination bias. Note
 446 that the y-Axes are different for each generative model of confidence.

447 **Figure 7**

448 *Meta-d'/d' based on MCMC estimation and Fleming's model specification as function of*
 449 *discrimination bias and generative model of confidence*



450

451 *Note.* Each dot represents one simulation. Lines connect simulations that differ only with respect
 452 to the parameter quantifying discrimination bias and identical parameter sets otherwise. Lines
 453 parallel to the horizontal indicate that meta-d'/d' is independent from discrimination bias. Note
 454 that the y-axes are different for each generative model of confidence.

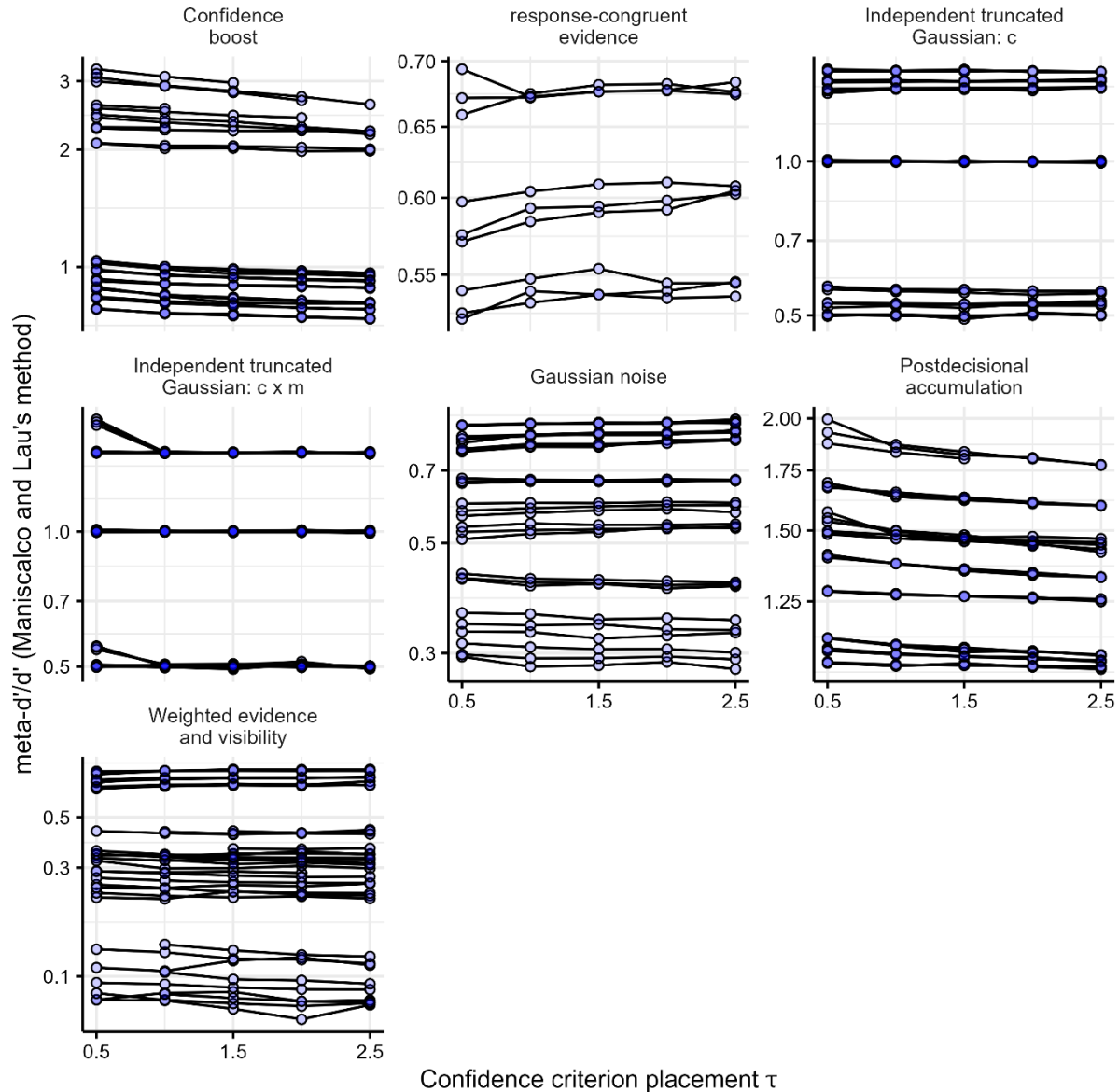
455 ***Confidence criteria***

456 The relationship between meta-d'/d' and confidence criterion placement across different
 457 generative models of confidence is depicted in Fig. 8 for Maniscalco and Lau's original

458 conditioned maximum likelihood method and in Fig. 9 for Fleming's Bayesian MCMC method.
459 Fig. 8 shows that meta-d'/d' estimated using the original method is never completely independent
460 from confidence criterion placement. Nevertheless, for the two independent truncated Gaussian
461 models, meta-d'/d' was associated with confidence criterion placement for a relatively small
462 subset of simulated parameter sets. Fig. 9 shows that meta-d'/d' estimated using Fleming's
463 method is independent from confidence criterion placement only if the data is generated
464 according to the independent truncated Gaussian model with the distributions truncated at the
465 discrimination criterion. For all other generative models of confidence, meta-d'/d' depends on
466 confidence criterion placement. Finally, when meta-d'/d' was estimated using conditioned
467 maximum likelihood estimation but with Fleming's model specification, the results were the
468 same as in Fig. 9.

469 **Figure 8**

470 *Meta-d'/d' based conditioned maximum likelihood estimation and Maniscalco and Lau's*
471 *model specification as function of confidence criterion placement and generative model of*
472 *confidence*



473

474 *Note.* Each dot represents one simulation. Lines connect simulations that differ only with respect

475 to the parameter determining confidence criterion placement and identical parameter sets

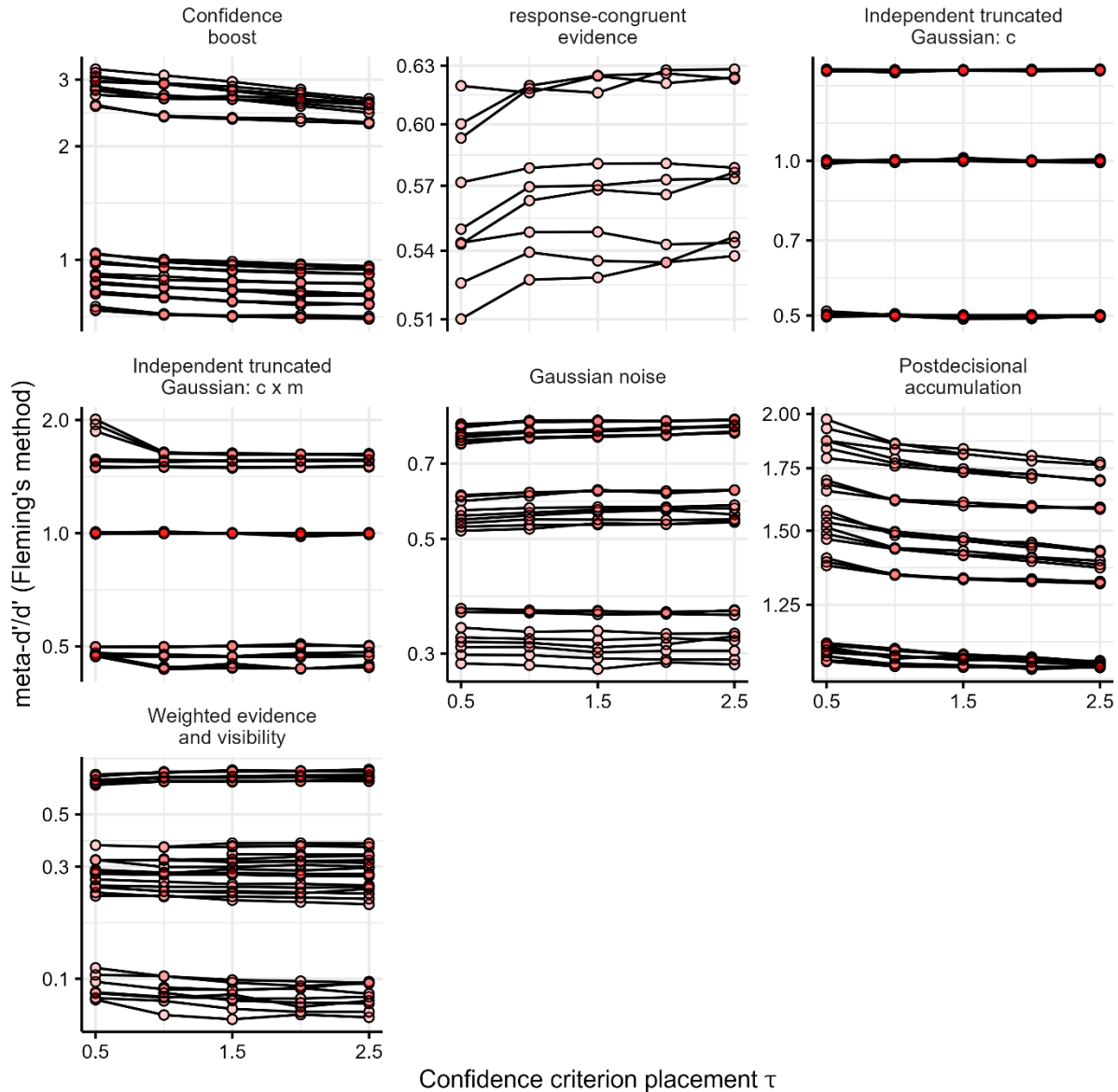
476 otherwise. Lines parallel to the horizontal indicate that $\text{meta-d}'/d'$ is independent from confidence

477 criterion placement. Note that the y-Axes are different for each generative model of confidence.

478 **Figure 9**

479 *Meta-d'/d' based on MCMC estimation and Fleming's model specification as function of*

480 *confidence criterion placement and generative model of confidence*



481

482 *Note.* Each dot represents one simulation. Lines connect simulations that differ only with respect

483 to the parameter determining confidence criterion placement and identical parameter sets

484 otherwise. Lines parallel to the horizontal indicate that meta-d'/d' is independent from confidence

485 criterion placement. Note that the y-Axes are different for each generative model of confidence.

486 ***Recovering metacognitive efficiency parameters***

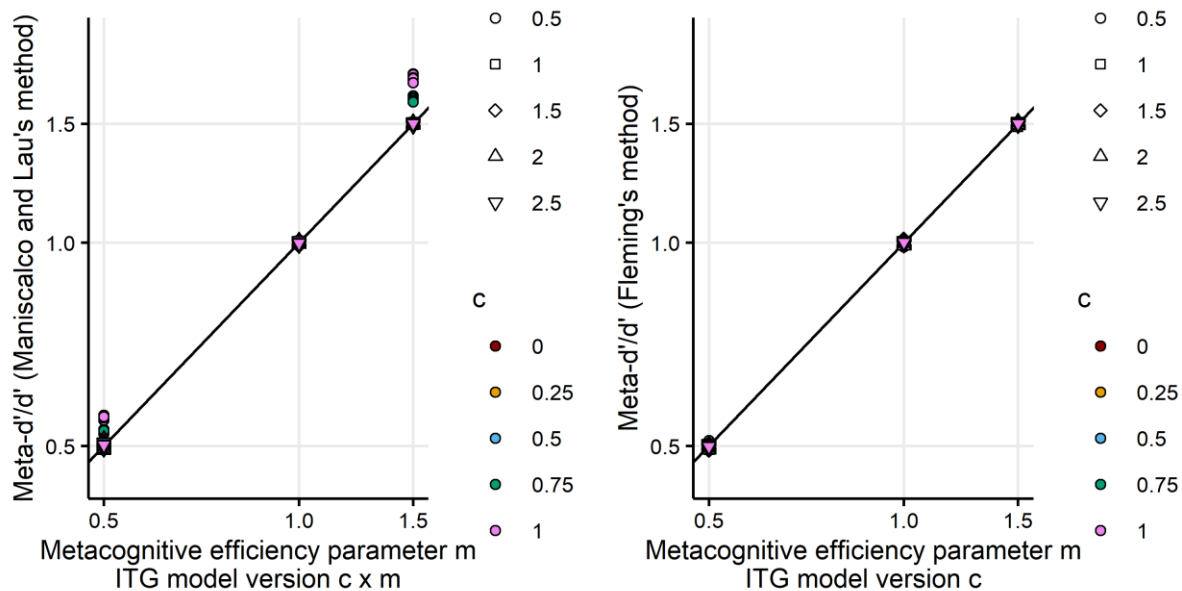
487 Finally, we investigated if estimates of meta-d'/d' recover the metacognitive efficiency

488 parameter m of the independent truncated Gaussian model. Specifically, meta-d'/d' estimated

489 using the original SDT model specification by Maniscalco and Lau (2014) was expected to
 490 recover the m parameter in the ITG model with the distribution truncated at the objective
 491 discrimination criterion c multiplied with m . Meta- d'/d' estimated using the model specification
 492 by Fleming (2017) should recover the m parameter in the ITG model with the distribution
 493 truncated at c . Fig. 10 shows that meta- d'/d' based on Bayesian MCMC estimation and Fleming's
 494 model specification indeed recovered the m parameter of the corresponding version of the ITG
 495 model. However, meta- d'/d' using the model specification by Maniscalco and Lau (2014) did not
 496 always recover m in the corresponding ITG model. Specifically, meta- d'/d' overestimated m
 497 when the discrimination criterion was at least .75 (i.e., a considerable bias for one of the two
 498 stimuli), when τ was 0.5 (i.e. liberal confidence criterion placement), and when m was either 0.5
 499 or 1.5 (and thus metacognitive ability and perceptual ability were not the same).

500 **Figure 10**

501 *Meta- d'/d' as a function of the metacognitive efficiency parameter m , discrimination bias*
 502 *parameter θ , and confidence criterion placement parameter τ .*



504 *Note.* Left panel: ITG model with distributions truncated at the discrimination criterion c
505 multiplied with m . Accordingly, $\text{meta-d}'/d'$ values on the y-axis were computed using the
506 original method by Maniscalco and Lau (2014). Right panel: ITG model with distributions
507 truncated at the discrimination criterion c . Accordingly, $\text{meta-d}'/d'$ values on the y-axis were
508 computed using the Bayesian MCMC method by Fleming (2017). Colours indicate different
509 objective discrimination criteria. Symbols indicate different placement of confidence criteria.

510 **Discussion**

511 Simulation 1 showed that $\text{meta-d}'/d'$ provides imperfect control over discrimination
512 performance, discrimination bias, and confidence criteria: Only when the data were simulated
513 according to the independent truncated Gaussian model with the distributions truncated at the
514 discrimination bias, and when $\text{meta-d}'/d'$ was estimated using the model specification used by
515 Fleming (2017), $\text{meta-d}'/d'$ was constant across discrimination performance, discrimination bias,
516 and confidence criteria in all simulations. Notably, the control of discrimination sensitivity, bias,
517 and confidence criteria is sensitive to the finer details of model specification: When we simulated
518 data with distributions truncated at the discrimination bias multiplied by the metacognitive
519 efficiency parameter, the generative model consistent with Maniscalco and Lau's method, meta-
520 d'/d' based on Fleming's model specification was no longer constant as a function of
521 discrimination performance, discrimination bias, and confidence criteria across all simulated
522 parameter sets. When the data were simulated according to one of the other generative models of
523 confidence, $\text{meta-d}'/d'$ was associated with discrimination bias, discrimination sensitivity and
524 confidence criterion placement for numerous simulations.

525 While Simulation 1 shows that $\text{meta-d}'/d'$ depends in principle on discrimination
526 performance, discrimination bias and confidence criteria according to various different models of

527 confidence, it is still unclear whether the effect is large enough to be relevant in practice. In
528 particular, the contamination of meta-d'/d' by discrimination sensitivity seemed to be relatively
529 small compared to the contamination by discrimination bias and confidence criteria. However, in
530 order to simulate the expected correlations between model parameters and meta-d'/d' according
531 to different confidence models, it is necessary to specify the distributions of the model
532 parameters across subjects. Unfortunately, the sample sizes of previous modelling studies have
533 been generally too small sample to reasonably estimate the distribution of model parameters
534 across subjects.

535 **Simulation 2**

536 To investigate how the relationships observed in Simulation 1 may translate into
537 plausible effect sizes, we fitted all seven models of confidence used in Simulation 1 to the data
538 from Experiment 2 by Rouault et al. (2018), an open data set available from the confidence
539 database (Rahnev et al., 2020). Rouault et al. (2018)'s data were chosen because a large sample
540 is necessary for stable estimates of correlation coefficients (Schönbrodt & Perugini, 2013). We
541 then used the parameter sets obtained by model fitting to simulate new data to estimate the
542 correlation between meta-d'/d' and discrimination sensitivity, discrimination bias and confidence
543 criteria implied by each generative model of confidence.

544 **Method**

545 *Experimental task*

546 Rouault et al.'s data consists 497 subjects who participated in an online dot numerosity
547 discrimination task with 210 trials per subject. In each trial, participants were presented with a
548 fixation cross for 1 s. Two black boxes filled with differing numbers of randomly positioned
549 white dots were then presented for 0.3 s. One box was always half-filled (313 dots out of 625

550 positions), while the other box contained an increased number of dots compared to the first box.
551 The position of the box with the higher number of dots was pseudo-randomised across all trials.
552 To maintain a constant level of performance during the experiment and across participants, a
553 staircase was used to adapt the number of extra dots in the target box. The staircase started with a
554 number of 70 extra dots and was a two-down one-up staircase procedure with equal step-sizes
555 for steps up and down. The step-size was calculated in log-space, changing by ± 0.4 for the first
556 5 trials, ± 0.2 for the next 5 trials and ± 0.1 for the rest of the task. After 0.3 s, the dots
557 disappeared, leaving the black boxes on screen until participants indicated which box had the
558 higher number of dots by keyboard button press. Then, subjects were asked to report their
559 confidence in their response on a 6-point rating scale with verbal descriptions (*certainly wrong*,
560 *probably wrong*, *maybe wrong*, *maybe correct*, *probably correct*, *certainly correct*). A detailed
561 description of the study is provided by Rouault et al. (2018).

562 ***Model fitting***

563 All seven generative models of confidence used in Simulation 1 were fitted to the
564 combined distributions of responses and confidence judgments separately for each single
565 participant. The fitting procedure involved the following computational steps: First, the
566 frequency of each confidence level was calculated for each of the two stimulus options and each
567 of the response option. For each model, the set of parameters was determined that minimized the
568 negative log-likelihood of the data given the model. For this purpose, we used a coarse grid
569 search to identify five promising sets of starting values for the optimization procedure. Then,
570 minimization of the negative log-likelihood was performed using a general SIMPLEX
571 minimization routine (Nelder & Mead, 1965) for each set of starting values. To avoid local
572 minima, the optimization procedure was restarted four times.

573 To assess the relative quality of the candidate models, we calculated the Bayes
574 information criterion (Schwarz, 1978) and the AICc (Burnham & Anderson, 2002), a variant of
575 the Akaike information criterion (Akaike, 1974) using the negative likelihood of each model fit
576 with respect to each single participant and the trial number. For statistical testing, we compared
577 the mean AICc and BIC using standard t-tests with p -values adjusted for multiple comparisons
578 using Holm's correction.

579 *Simulation*

580 We simulated one new data set for each of the seven generative models of confidence,
581 using the parameter sets we obtained during model fitting, using the same number of subjects as
582 as in the empirical data and 10.000 trials per subject. Then, we estimated meta-d'/d' two times for
583 each simulated subject using conditioned maximum likelihood estimation, one time with
584 Maniscalco and Lau's model specification, and one time with Fleming's model specification.
585 Because meta-d'/d' is not normally distributed (Rausch & Zehetleitner, 2023), we assessed the
586 correlation between each parameter of each generative model and the logarithm of meta-d'/d'.
587 We repeated the analysis using unstandardized linear regression slopes with centred parameters
588 as predictors and $\log(\text{meta-d'/d'})$ as criterion. All p -values were corrected for multiple
589 comparisons using Holm's correction.

590 **Results**

591 *Formal model comparisons*

592 Formal model comparisons revealed that the best fits to the data were obtained by the two
593 versions of the independent truncated Gaussian model, both in terms of AICc, and BIC. The
594 difference between the two versions of the independent truncated Gaussian model was
595 negligible, $M_{AIC} = M_{BIC} = 0.02$, $t(496) = 1.46$, $p = .290$. The fit of both independent truncated

596 Gaussian models was each significantly better than those of the five alternative models in terms
597 of AIC and BIC, all p 's $< .001$, although the mean difference was quite small, $M_{\Delta AIC}$'s and
598 $M_{\Delta BIC}$'s ≥ -0.59 , all p 's $< .001$.

599 ***Correlations between model parameters and simulated meta-d'/d'***

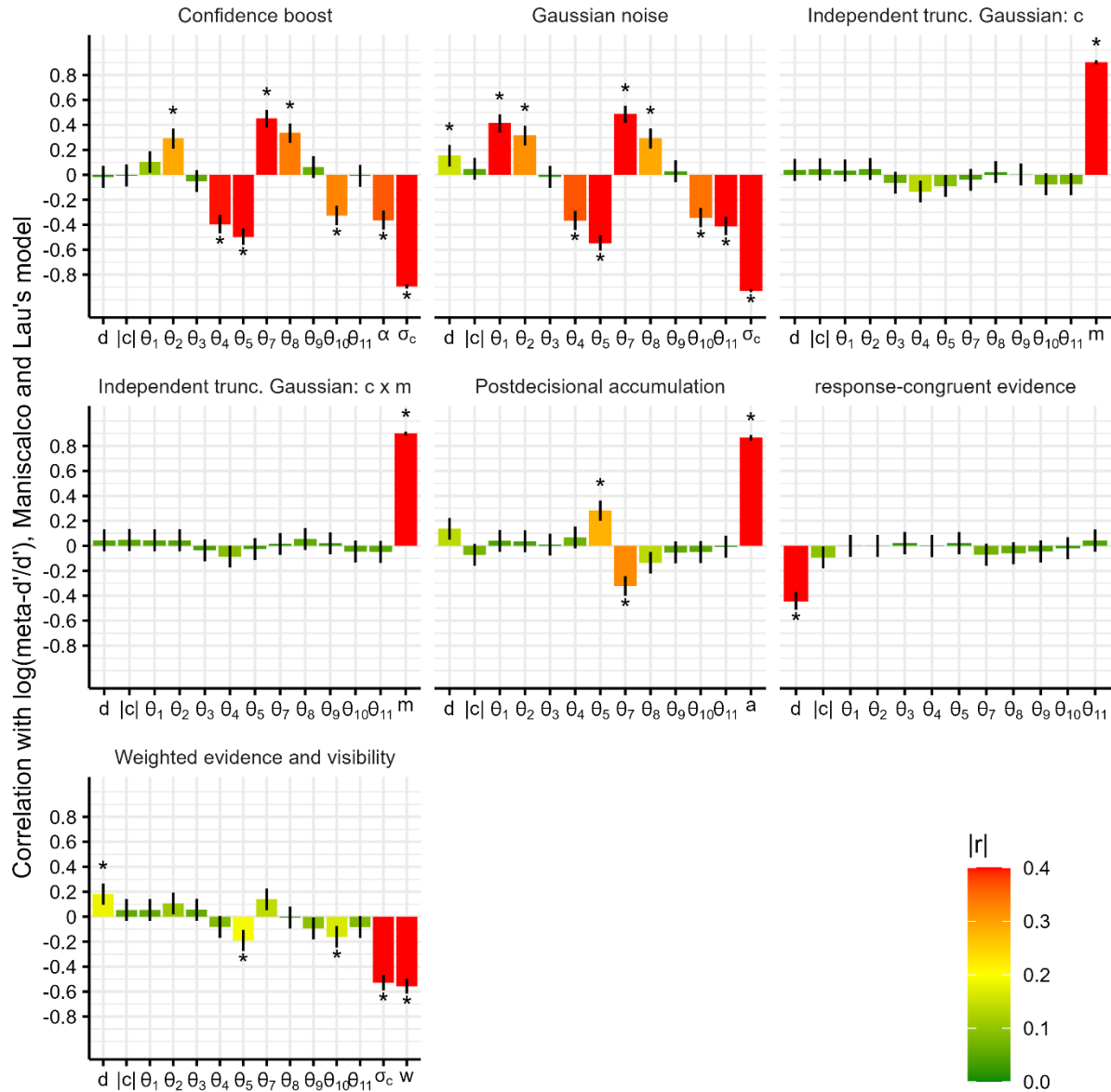
600 Supplementary Table 1 provides the correlation coefficients between each estimated
601 parameter of the different confidence model and $\log(\text{meta-d'/d'})$. Figs. 11 and 12 show that as
602 expected, $\log(\text{meta-d'/d'})$ is strongly correlated with all model parameters intended to reflect
603 metacognitive efficiency, i.e. σ_c , m , a , and α . For the two versions of the independent gaussian
604 truncated model, no significant correlation between $\log(\text{meta-d'/d'})$ and discrimination sensitivity
605 d , discrimination criterion c , or any of the ten confidence criteria was observed, independently
606 from the specification of the hypothetical SDT model underlying meta-d'/d'. However, we found
607 a significant large correlation between discrimination sensitivity d and $\log(\text{meta-d'/d'})$ for the
608 response-congruent evidence model and a medium-sized correlation between discrimination
609 sensitivity d and $\log(\text{meta-d'/d'})$ for the weighted evidence and visibility model. For the Gaussian
610 noise model, a moderate correlation between d and $\log(\text{meta-d'/d'})$ was significant only when
611 meta-d'/d' was estimated using Maniscalco and Lau's model specification, but not for Fleming's
612 model specification. On the contrary, for the postdecisional accumulation model, the correlation
613 between d and $\log(\text{meta-d'/d'})$ was significant only when meta-d'/d' was estimated based on
614 Fleming's model, but not with Maniscalco and Lau's model. A significant medium-sized
615 correlation between $\log(\text{meta-d'/d'})$ and discrimination bias c was detected only for the response-
616 congruent evidence model when meta-d'/d' was estimated using Fleming's model specification.
617 Concerning confidence criteria, we found a very strong correlation between $\log(\text{meta-d'/d'})$ and
618 six out of ten confidence criteria for the confidence boost model, seven out of ten for the Gaussian

619 noise model, and two out of ten for the postdecisional accumulation model. In addition, we
620 detected medium-sized correlations between two confidence criteria in the weighted evidence and
621 visibility model.

622 The analysis of regression slopes revealed that for the confidence boost model and the
623 Gaussian noise model, there were only small changes in meta-d'/d' as a function of confidence
624 criteria, but these changes were very consistent across subjects, resulting in many significant small
625 effects. For the other models and parameters, the interpretation was essentially the same as in the
626 correlation analysis (see Supplementary Table 2).

627 **Figure 11**

628 *Correlation between meta-d'/d' estimated using Maniscalco and Lau's model*
629 *specification and model parameters estimated from Rouault et al. (2018)'s Exp. 2 as a function*
630 *of different generative models of confidence.*

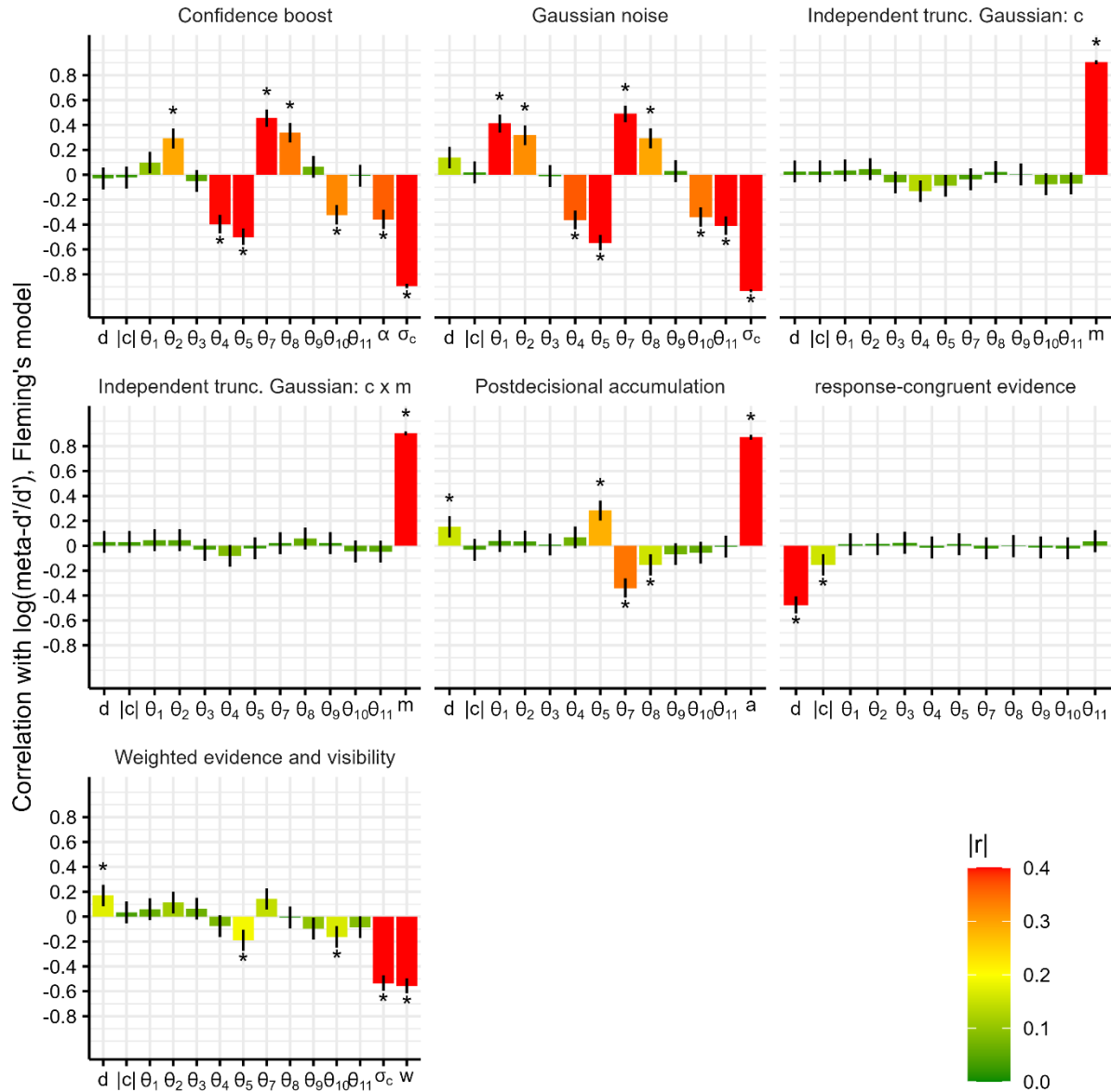


631

632 Note. Error bars indicate 95% CI.

633 **Figure 12**

634 Correlation between log-transformed meta-d'/d' estimated using Fleming's model
 635 specification and model parameters model parameters estimated from Rouault et al. (2018)'s
 636 Exp. 2 as a function of different generative models of confidence.



637

638 *Note.* Error bars indicate 95% CI.

639 **Discussion**

640 Fitting different models of confidence to Rouault et al. (2018)'s data showed that the two
 641 versions of the independent truncated Gaussian model provide a reasonable fit to confidence in a
 642 dot numerosity discrimination task. Importantly, the model comparisons reported in the present
 643 study should be only interpreted as preliminary, because the data set only included 200 trials per
 644 subject, which is much smaller than the norm in modelling studies. It should also be noted that

645 the statistical properties of different experimental tasks may be quite different, suggesting that
646 the observation that ITG performs well in one data set does not imply that ITG will also perform
647 well in other experimental tasks. Nevertheless, we think that ITG should be considered as a
648 series candidate model in future studies and should be routinely included in future comparisons
649 of confidence models.

650 The simulation using the parameters of the independent truncated Gaussian model
651 obtained during model fitting showed that both versions of meta-d'/d' were independent of
652 discrimination sensitivity, discrimination bias, and confidence criteria, suggesting that the
653 differences between the two versions of the independent truncated Gaussian model are small
654 enough not to be practically relevant, at least with distributions of parameters as observed in this
655 particular experiment. However, for each of the five alternative models of confidence, we found
656 at least one strong correlation with either discrimination sensitivity or one of the confidence
657 criteria. The correlations with discrimination sensitivity parameters are noteworthy because
658 Rouault et al. used a staircase to keep accuracy constant. This means that staircases still leave
659 enough variance in discrimination sensitivity parameters to produce a large correlation with
660 discrimination sensitivity for the response-congruent evidence model, medium-sized correlations
661 for the weighted evidence and visibility model, or small-to-medium correlations for the gaussian
662 noise model and the postdecisional accumulation model.

663 **General discussion**

664 The results of the present study suggests that whether or not meta-d'/d' provides control
665 over discrimination performance, discrimination bias, and confidence criteria strongly depends
666 on the generative model of confidence: Only when the data was simulated according to the
667 independent truncated Gaussian model (ITG) with the distributions truncated at the

668 discrimination bias, and when meta-d'/d' was estimated using the model specification used by
669 Fleming (2017), meta-d'/d' was perfectly constant across discrimination performance,
670 discrimination bias, and confidence criteria across all simulations. When we simulated data using
671 the parameters estimated from Rouault et al. (2018)'s Exp. 2, no difference between the two
672 versions of ITG were observed, suggesting that the difference between the two versions of ITG
673 may not always be relevant in practice. However, when the data was simulated not using ITG,
674 but the Gaussian noise model, the postdecisional accumulation model, the weighted evidence and
675 visibility model, the confidence boost model, or the response-congruent evidence model, meta-
676 d'/d' depended on discrimination sensitivity, discrimination bias, and confidence criterion
677 placement for many simulations. Simulations using parameters obtained by fitting empirical data
678 showed that the expected correlations between meta-d'/d' and model parameters vary widely
679 across different generative model of confidence and specific parameters. Nevertheless, for each
680 generative model other than ITG, there was at least one medium-sized correlation with either
681 discrimination sensitivity or one of the confidence criteria, suggesting that meta-d'/d' is
682 associated with discrimination sensitivity and confidence criteria under realistic assumptions
683 about model parameters.

684 **Relation between meta-d'/d' and generative models of confidence**

685 Meta-d'/d' has been considered to rely only on the assumption of a specific cognitive
686 architecture underlying the discrimination decision, but to be free from assumptions about the
687 decision variable underlying the confidence decision (Maniscalco & Lau, 2014). In contrast, the
688 main finding of the present study is that meta-d'/d' is in fact not free from assumptions about the
689 generative model underlying confidence judgments. The reason is that meta-d'/d' depends on
690 discrimination sensitivity, discrimination bias, and confidence criteria when the data is simulated

691 according to the Gaussian noise model, the weighted evidence and visibility model, the
692 confidence boost model, the postdecisional accumulation model or the response-congruent
693 evidence model. Previous studies revealed two additional models where meta-d'/d' is
694 confounded, the Bayesian beta-distributed noise model (Guggenmos, 2021) and the lognormal
695 noise model (Shekhar & Rahnev, 2021). Importantly, the present study exceeds those studies in
696 showing that generative models where meta-d'/d' is contaminated by discrimination sensitivity,
697 discrimination bias and confidence criteria not only exist, but the same result is obtained
698 according to most generative models of confidence. Meta-d'/d' succeeds in controlling for
699 discrimination sensitivity, discrimination bias and confidence criteria when the data is generated
700 according to the independent truncated gaussian model. Thus, it seems that the control meta-d'/d'
701 provides is highly specific to the independent truncated Gaussian model. Our findings are
702 consistent with the assertion that discrimination sensitivity, discrimination bias and confidence
703 criteria can only be controlled based on estimating the underlying generative model of
704 confidence (Guggenmos, 2022). We cannot prove that no generative model other than ITG exists
705 where meta-d'/d' performs satisfactorily. However, the control over discrimination sensitivity,
706 discrimination bias, and confidence criteria fails for a large variety of different generative
707 models, which is why it is reasonable to assume that meta-d'/d' is unlikely to provide effective
708 control in other models which were not examined so far. Overall, this means that meta-d'/d' from
709 now on should be regarded as a model-based measure of metacognitive efficiency, and
710 researchers who consider using meta-d'/d' need to ascertain if their data can be adequately
711 described by ITG.

712 Evidence for the independent truncated Gaussian model?

713 Because the adequacy of meta-d'/d' depends on the assumption of ITG as generative
714 model, the question is raised if ITG is a decent models of human confidence judgments. Our
715 analysis of the data of Rouault et al. (2018) is to our knowledge the first (albeit preliminary)
716 evidence that data sets exists which are adequately described by ITG. Unfortunately, previous
717 studies comparing generative models of confidence did not make the link between meta-d'/d' and
718 generative model of confidence, which is why ITG has not been included into formal model
719 comparisons previously (e.g. Maniscalco & Lau, 2016; Rausch et al., 2018, 2020, 2021; Shekhar
720 & Rahnev, 2021, 2022). Future modelling studies are necessary to investigate how frequently
721 ITG is an adequate description of human confidence. However, there is more evidence for some
722 qualitative predictions of ITG. According to ITG, confidence judgments are subject to a
723 response-congruent confirmation bias because it is impossible to sample a confidence decision
724 variable that contradicts the discrimination decision. In accordance with ITG, previous studies
725 reported that observers' tend to neglect contradictory evidence when they report confidence
726 (Peters et al., 2017; Samaha et al., 2016; Zylberberg et al., 2012), although no evidence for a
727 response-congruent confirmation bias was observed in other experimental paradigms (Rausch et
728 al., 2020; Shekhar & Rahnev, 2022), suggesting a response-congruent confirmation bias many
729 not be a universal feature of human confidence across paradigms. However, there are multiple
730 mathematical ways to represent bias in favour of response-congruent evidence. When we
731 implemented a response-congruent evidence bias in a different way, resulting in the model we
732 refer to as response-congruent evidence model, meta-d'/d' very strongly correlated with
733 discrimination sensitivity. This finding implies that it is not sufficient that the generative process
734 underlying the confidence data is characterised by a similar conceptual idea as ITG - if meta-d'/d'

735 is to control for by discrimination sensitivity, discrimination bias, and confidence criteria, ITG
736 must be (at least a close approximation of) the generative model of the data.

737 An important limitation shared between ITG and all alternative models investigated in the
738 present study is that the dynamics of the decision process is not accounted for. This is
739 problematic because there is a large body of evidence that confidence judgments depend on the
740 dynamics of decision making (Pleskac & Busemeyer, 2010). Specifically, Pleskac and
741 Busemeyer (2010) showed that when participants are under time pressure when making the
742 decision, metacognitive efficiency is increased. Moran et al. (2015) showed that confidence
743 judgments are related to the reaction time of confidence judgments. Last but not least, there is on
744 average medium-sized correlation between confidence judgments and reaction time across a
745 wide range of studies (Rahnev et al., 2020). Given the close relationship between decision
746 dynamics and confidence, it may be more apt to model confidence with sequential sampling
747 models rather than signal detection theory (Desender et al., 2022; Hellmann et al., 2023; Pereira
748 et al., 2021; Pleskac & Busemeyer, 2010; Ratcliff & Starns, 2009, 2013; Reynolds et al., 2020).

749 **Measuring metacognitive efficiency using meta-d'/d'**

750 The findings of the present study imply that whenever the independent truncated
751 Gaussian model is a good description of the data, meta-d'/d' will be the appropriate measure of
752 metacognitive efficiency. However, without any information about the generative model
753 underlying confidence judgments, researchers should not assume that by using meta-d'/d' to
754 measure metacognitive efficiency, a potential contamination by discrimination sensitivity,
755 discrimination bias, or confidence criteria has been ruled out. We recommend to use meta-d'/d'
756 only for tasks where the independent truncated Gaussian model is a suitable description of the
757 data. There is a limited set of experimental tools available to reduce the potential impact of

758 discrimination sensitivity, discrimination bias, and confidence criteria when measuring
759 metacognitive efficiency using meta-d'/d'. To control for discrimination sensitivity, researchers
760 have used staircases to keep task performance within a specific range (Rahnev & Fleming,
761 2019). However, Simulation 2 suggests that staircases are not sufficient to control for
762 discrimination sensitivity if the data is generated according to the weighted evidence and
763 visibility model or the response-congruent evidence model. It might be possible to reduce the
764 impact of discrimination criteria and confidence criteria by careful instructions and training with
765 the task, although it is unlikely that instruction and training is sufficient to eliminate the effect of
766 criteria.

767 Measuring metacognitive efficiency by meta-d'/d' is also problematic because meta-d'/d'
768 does not take the dynamics of the decision process into account. Consequently, properties of the
769 dynamical decision process such as response caution might be misinterpreted as effects on
770 metacognitive efficiency (Desender et al., 2022). Overall, the findings of the present study
771 combined with other recent studies (Desender et al., 2022; Guggenmos, 2021; Shekhar &
772 Rahnev, 2021) imply that without any additional information, meta-d'/d' cannot be
773 unambiguously interpreted in terms of metacognitive efficiency, suggesting that a reanalysis of
774 previously published studies using meta-d'/d' and possibly a critical reinterpretation is necessary.

775 **Alternatives to meta-d'/d' for measuring metacognitive efficiency**

776 Whenever ITG is not a decent description of confidence in a particular study, researchers
777 need an alternative to meta-d'-d' to measure metacognitive efficiency. Traditionally,
778 metacognition has been assessed using measures that also do not explicitly rely on specific
779 generative models of confidence, such as gamma correlation coefficients (Nelson, 1984),
780 confidence slopes (Yates, 1990), phi correlations (Rounis et al., 2010), or area under type 2 ROC

781 curves (Fleming et al., 2010). However, none of these measures is designed to control for
782 discrimination performance and thus, by definition, none of these measures are measures of
783 metacognitive efficiency.

784 There are several model-based alternative measures of metacognitive efficiency: First,
785 one available method is to fit a lognormal noise model, in which metacognitive ability is
786 quantified by the lognormal noise parameter σ_{meta} (Shekhar & Rahnev, 2021, 2022). The
787 lognormal noise model provides a decent account for confidence in a low contrast orientation
788 discrimination task as well as a letter numerosity discrimination task (Shekhar & Rahnev, 2022).
789 Second, in two-alternative forced choice confidence paradigms, it is possible to quantify
790 metacognitive efficiency using the confidence boost model (Mamassian & de Gardelle, 2021).
791 The measure of metacognitive efficiency η is computed by dividing the variance of the
792 confidence noise of a hypothetical ideal observer by the variance of confidence noise estimated
793 for the participant. Besides, two-alternative forced choice confidence paradigms may be an
794 attractive way to eliminate the impact of confidence criteria (Barthelmé & Mamassian, 2009).
795 Finally, relying on two-stage signal detection theory (Pleskac & Busemeyer, 2010; Yu et al.,
796 2015), Desender et al. (2022) proposed the v-ratio to measure metacognitive efficiency. The v-
797 ratio divides the drift rate estimated from confidence judgments by the drift rate estimated from
798 discrimination responses and reaction time.

799 Notably, just as meta-d'/d' is only a good measure of metacognitive efficiency when the
800 data confirm to the independent truncated Gaussian model, σ_{meta} , η , and v-ratio are expected to
801 control for discrimination sensitivity, discrimination bias and confidence criteria only when the
802 data confirm to the corresponding generative model. To our knowledge, it has not yet been
803 investigated how sensitive σ_{meta} , η , and v-ratio are to a contamination from discrimination

804 sensitivity, discrimination bias and confidence criteria are when generative model underlying
805 confidence judgment is varied. The findings of the present study are consistent with the view that
806 measures of metacognitive efficiency provide control over discrimination sensitivity,
807 discrimination bias and confidence criteria only if the generative model of confidence is
808 correctly identified and the corresponding measure of metacognitive efficiency is used
809 (Guggenmos, 2022). Unfortunately, for the time being, there is no consensus about the
810 computational principles underlying confidence judgments (Rahnev et al., 2022). This means
811 that a good practice for future studies will be to first use cognitive modelling to identify the
812 generative model underlying confidence judgments in a specific paradigm empirically, and then
813 use the corresponding model-based measure of metacognitive efficiency (Guggenmos, 2021;
814 Mamassian & de Gardelle, 2021; Shekhar & Rahnev, 2021). When data in a specific task is well
815 accounted for by the independent truncated Gaussian model, meta-d'/d' is the appropriate way to
816 measure metacognitive efficiency. However, when data is better described by an alternative
817 model of confidence, researchers need to use a measure of metacognitive efficiency that
818 corresponds to the model that is the best explanation of the data. Because researchers have
819 implicitly fitted versions of the independent truncated Gaussian model all along when they used
820 meta-d'/d', it does not seem too far-fetched that researchers will begin to regularly fit alternative
821 generative models of confidence as well. It will be necessary to develop open and easy-to-use
822 software packages to make fitting a variety of confidence models available to a larger part of the
823 field (e.g., Rausch & Hellmann, 2023). Sometimes it will be impossible to identify the true
824 generative model underlying confidence judgments for a specific data set, either because the
825 number of trials is too low or because of model mimicry. In these cases, it will be prudent to
826 perform a robustness analysis to show that the results of the study do not depend on specific

827 analysis decisions (Gelman & Loken, 2014; Steegen et al., 2016). This means that the modelling
828 analysis needs to be repeated with all models of confidence that cannot be ruled out empirically
829 to show that results are robust across models of confidence.

830 It is very difficult, and perhaps impossible, to come up with a novel measure of
831 metacognitive efficiency with all the attractive properties that meta-d'/d' was supposed to have,
832 i.e., controlling for discrimination sensitivity, discrimination bias, and confidence criteria
833 without requiring a specific generative model of confidence. The present study does not rule out
834 the possibility that a future study will be able to find such a measure. However, given the results
835 of the present study, we are sceptical that such a measure can ever be found; we recommend
836 rigorous testing of whether any newly proposed measure of metacognitive efficiency effectively
837 controls for discrimination performance, discrimination bias, and confidence criteria.

838 **Conclusion**

839 We showed that meta-d'/d' is not free from assumptions about the generative model
840 underlying confidence judgments. Only if the data is generated according to the independent
841 truncated gaussian model, meta-d'/d' guarantees control over discrimination performance,
842 discrimination bias, and confidence criteria. The control fails according to a wide range of
843 alternative generative models of confidence; the expected correlation with discrimination
844 sensitivity and confidence criteria varies across alternative generative model but can be very
845 large. Consequently, researchers who want to measure metacognitive efficiency using meta-d'/d'
846 need to examine if their data can be reasonably described by the independent truncated Gaussian
847 model.

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